

CURRENTS

4 | 11 | 2016

A weekly publication of Newport News Shipbuilding



Ship's Sponsor Susan Ford Bales and Capt. John Meier, CVN 78 commanding officer, unveil a statue of President Gerald R. Ford during a ceremony in the hangar bay aboard *Gerald R. Ford* April 7. Photo by Chris Oxley

Gerald R. Ford Statue Unveiled Aboard CVN 78

Ship Sponsor and former first daughter Susan Ford Bales along with *Gerald R. Ford* (CVN 78) Commanding Officer Capt. John Meier unveiled a statue of President Gerald R. Ford during a ceremony in the hangar bay of the aircraft carrier April 7.

The 9-foot bronze statue, designed by Grand Rapids, Michigan native J. Brett Grill, pays tribute to President Ford and his lifetime of service to the Navy, U.S. Government and nation. The statue is unique in that it is centered on Ford's life as a sailor, not as a politician.

"To my fellow shipbuilders: Today is a day filled with happiness. But it's also a day filled with some sadness, because it's the last time I'll speak publicly to you here in the shipyard because soon CVN 78 will leave the shipyard and join the fleet," said Ford Bales who spoke during the ceremony.

The statue that depicts Ford holding a navigational sextant and looking out over the water will become a permanent part of the ceremonial quarterdeck aboard CVN 78. Watch a video of Susan Ford Bales' remarks during the statue unveiling ceremony.

MOE Nominations Due Friday

Newport News Shipbuilding's Model of Excellence Program (MOE) recognizes individuals and teams who have made extraordinary contributions to the company. This year, several of the categories were revised and a new category, "Courage to Make a Difference" was added.



MOE nominations should be submitted to your division's representative using form NN 9134 (Rev. 11). Nominations are due by this Friday, April 15. For additional information, visit the MOE website on Yardnet or contact **Yasmine Robinson** (O29) at 380-2428.

NEWPORT NEWS SHIPBUILDING

130

YEAR ANNIVERSARY

The Community Congratulates NNS on 130 Years

Visit the 130th Anniversary website to watch new congratulatory video messages. New videos are added to the website each week.



Employees participate in a "National Walking Day" group walk during lunch April 6. Photo by John Whalen

Employees Participate in "National Walking Day"

On April 6, more than 100 shipbuilders gathered outside of The Apprentice School to celebrate "National Walking Day." In honor of the day, the company encouraged its employees to take time during their lunch break to walk.

Bharat Amin, vice president and chief information officer, kicked off the group walk. Many other company leaders also came out to show their support and participate in the walk.

"Management support is key when encouraging a culture of wellness at any company, and the support that these leaders showed for the shipbuilders is truly inspiring," said **Becky Johnson** (O28), program director of NNS' wellness program, Interactive Health.

Terry Fail (X91) participated in the walk. "I enjoyed the opportunity to walk with my coworkers and show support for the importance of physical activity," said Fail. "Everyone has 30 minutes – exercise needs to become a priority."



I CARE, Do You?

Logistics Material Support (O53) has a new “I CARE” poster that challenges shipbuilders to keep track of material at all times. The poster, which is now being displayed in all O53 work centers, reminds shipbuilders what they should do when encountering lost material.

“The poster is another expression of saying we’ve got each other’s back and no one is perfect, yet all of us should take the responsibility as shipbuilders to see the job through and not lose sight of material,” said **John Witherspoon** (O53), who came up with the poster idea. “Our hope is that other divisions throughout the shipyard will see this poster and want to use it in their workspace.”

The “I CARE” poster was designed by **John Witherspoon** (O53), **Crystal Gordon** (O53), **Donald Archie** (O53), **Carmen Craighead** (O53) and **Ben Scott** (O29). Contact **Lorrie West** (O53) at 688-2703 for all poster related questions.



Pictured (L to R): Dale Porter (O69), Barbara Strickland (O15), Sharon Harris (X11), Patricia Joyner (O31), NNS President Matt Mulherin, Michelle Major (O95), Rosa Perry (X33), and Linda Williams (X33). Photo by Chris Oxley

WiSE Women’s History Month

Women in Shipbuilding Enterprise (WiSE) held a Women’s History Month Event at VASCIC on March 24. Newport News Shipbuilding President **Matt Mulherin** introduced Virginia Secretary of Administration Nancy Rodrigues, the keynote speaker for the event. Rodrigues gave a presentation on “Working to Form a More Perfect Union: Honoring Women in Public Service and Government.”

Flora Randall (E71) attended the event. “It was a beautiful program and was for every woman in the shipyard. I wanted to celebrate a month that had been set aside to represent me as a woman,” she said.

Following Rodrigues’ remarks, WiSE leadership presented “WiSE Woman” awards to several employees, gave away mentoring sessions with NNS senior leadership and honored female Master Shipbuilders.

Volunteers Needed

Newport News Shipbuilding will lay the keel for *Delaware* (SSN 791) at 11 a.m. on Saturday, April 30. Employees are needed as volunteers for a variety of different roles on the day of the event. If you are interested in volunteering, send an email to Communications@hii-nns.com.

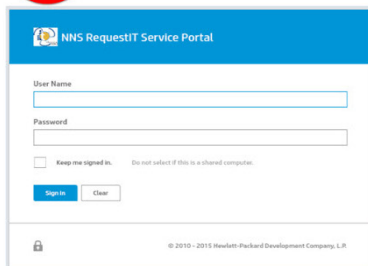
For questions contact **Lauren Shuck** (O29) at 380-4622. To learn more about the ceremony, visit www.huntingtoningalls.com/ssn791.

RequestIT : THE STRUGGLE IS OVER!

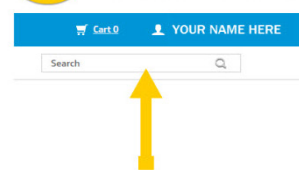
No need to spend your valuable time going thru multiple menus and sub-menus in **RequestIT** anymore! Just type what you're looking for in the search box, which is located below your name, and it will take you straight there!

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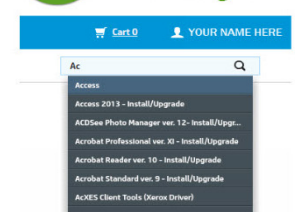
1 LOGIN



2 Click in the Search Box



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AROUND THE YARD

Sign Up for Your FREE Health Screening Today

All Newport News Shipbuilding employees are eligible for a FREE health screening in April. Learn your current health status and receive your total cholesterol, HDL, blood sugar, blood pressure, and body composition measurements in 20 minutes.

While fasting for this event is not required, employees that do fast will receive additional results including LDL and triglycerides. Results are 100 percent confidential. Employees that complete the full health screening will receive a tote bag and a snack.

View the flier or the Interactive Health website on Yardnet for dates, locations and instructions on how to sign up. Appointments are not necessary, but strongly encouraged to reduce the wait time. As a reminder, there is no time charge for this program, employees must participate on their own time. Contact **Becky Johnson** (O28) via email or at 380-7380 for additional information.

NAVSEA Audit of PCU *Washington* (SSN 787)

Naval Sea Systems Command (NAVSEA) will conduct their Phase I SUBSAFE Certification Audit of pre-commissioning unit (PCU) *Washington* (SSN 787) the week of April 25. This milestone will provide NAVSEA the opportunity to examine records and the ship to validate the SUBSAFE material condition. The certification process will provide confidence that the ship will be ready to commence fast cruise and sea trials later this year. For more info, contact SUBSAFE program manager, **Sean Coons** at 688-1595 or **Pam Cabanatan** (O03) at 534-2583.



HII 2016 Business Ethics Survey Begins Next Week

The HII 2016 Business Ethics Survey is scheduled to begin Monday, April 18. All Newport News Shipbuilding employees are encouraged to participate in the survey. Individual responses to survey questions will remain 100 percent confidential. Employees with computer access will receive an email with a link to the survey and employees without computer access will receive a hard copy from their supervisor. The survey will remain available through May 6. Read a letter from NNS President **Matt Mulherin** about the survey.

SNAME to Host 9th Annual Boat Design Competition

The Apprentice School SNAME student section will host the 9th Annual Boat Design Competition. During the competition, four finalists will compete for the win.

Finalists will be competing at The Mariners' Museum Lions Bridge on Saturday, April 30 from 10:00 a.m. to 1 p.m. The event is free and open to the public. For more information, visit the SNAME website at www.sname.org/designcompetition.

Upgrade to Skillport 8

Learning Technology (K75) is excited to announce that Skillsoft has upgraded our user interface to Skillport 8. The redesigned learner platform has been updated to enhance learner's needs, providing the most important learning assets front and center and making the most common tasks easier than ever to complete.

Upgraded features include:

- Engaging learner experience with immediate access to learning.
- Robust search and browse capabilities for discovery of relevant content.
- Community building features like comments, recommendations, and interests.
- Blended learning plans that include online courses, books, and videos.

Skillport is available 24x7, from anywhere employees can gain access to the internet. Be proactive and plan time into your day to be informed and be transformed.

Annual Export Instructor Led Courses

The International Compliance Office will hold Annual Export Training-Basic from 9:00 a.m.-10 a.m. and 1:00 p.m. to 2 p.m. in the VASCIC Large Auditorium. Register via the Learning Exchange (LX). Contact **Sarah Williams** (O19) at 380-3599.

53rd Anniversary of the Loss of *Thresher*

Sunday, April 10 marked the 53rd anniversary of the tragic sinking of the submarine USS *Thresher*. At approximately 9:15 a.m. on April 10, 1963, while *Thresher* was on sea trials, communications were lost and all 129 officers, crew and civilians aboard perished.

An investigation concluded the loss of *Thresher* was in all probability due to a casting, piping or welding failure that flooded the engine room with water, causing electrical and power failures and the eventual loss of the boat. Although *Thresher* was not built by Newport News Shipbuilding, its somber anniversary is a time to reflect on the importance of first-time quality.

Employees are encouraged to take this opportunity to think about the quality of their work, the need for first-time quality, and the consequences of a mistake. Please also remember the men who died that day in service to our country, and consider what you can do, and what your team can do, to ensure the first-time quality of all NNS products and processes.

Many employees have affixed "Lest We Forget" stickers to their hard hat as a reminder of USS *Thresher* and the importance of first-time quality. Photo by **Ricky Thompson**



DATEBOOK

APRIL 14

The L.E.A.R.N. Program will host an after work event with **Rob Hogan**, vice president of Manufacturing and Supply Chain Management. Hogan will give a presentation on the history and future of Newport News Shipbuilding from 4:30 p.m. to 6 p.m. in the VASCIC auditorium on Thursday, April 14. The event is open to all employees and by reservation only. Sign up on the L.E.A.R.N. Yardnet website. Prizes and refreshments will follow the presentation. For questions, contact **Liza Carter** (E25) at 534-4015.

APRIL 16

SHIPs Network is competing in this year's FM99 "The Yard's Force" cardboard boat competition on April 16 from 9 a.m. to 11:30 a.m. The event will be held at Scott's Marina located at 6 Harper Avenue in Portsmouth. For more information, contact **Michael Nyberg** at 534-2769.

APRIL 21

Environmental Health and Safety (EH&S) will host its annual Earth Day event from 3:30 p.m. to 5 p.m. Thursday, April 21. For more information view the frequently asked questions on Yardnet.

APRIL 22-24

Virginia Musical Theatre announces a discount for NNS/HII employees to the premiere of the George and Ira Gershwin musical-comedy, "Nice Work If You Can Get It," starring Broadway Wicked's (and Yorktown native) Tiffany Haas. Show runs April 22-24 at the Sandler Center for the Performing Arts. For discounted tickets call 340-5446.

APRIL 30

Jefferson Lab will host an open house event from 9 a.m. to 3 p.m. Learn about the lab's research program and facilities. The event will be fun, educational and free. For more information, visit www.jlab.org/openhouse.

MAY 7

Newport News Shipbuilding Employee Resource Groups (ERGs): the African American Shipbuilders Association (AASA), SHIPs Network, Women in Shipbuilding Enterprise (WiSE), Hispanic Outreach and Leadership alliance (HOLA), and the Veterans Employee Resource Group (VERG) will be teaming for this year's Relay for Life event in Newport News from 3 p.m. to 11:30 p.m. Saturday, May 7. The ERGs are looking for employees to join their team. Go to www.relayforlife.org to join the "NNS-ERG" team or to donate. Contact **Christina Chapman** (E73) at 534-2654.

MAY 21

Mark your calendar. The 9th Annual NNS 5K Fun Walk/Run is scheduled for Saturday, May 21 at 9 a.m. at Victory Landing Park (next to VASCIC). Registration is currently ongoing. Visit www.huntingtoningalls.com/5k to register.

MAY 21

The Veterans of Foreign Wars (VFW) will host the 3rd annual golf tournament Saturday, May 21 at The Woodlands Golf Course. Registration begins at 7:00 a.m. Breakfast will be available at the golf course. \$65 entry fee (cash or check only) and includes 18 holes of golf, a cart, free lunch with two adult beverages at the Post immediately following, and various awards. Four person teams (Captain's Choice) are preferred, but will try to accommodate single entries. Prizes will be given out for longest drive, closest to the pin, putting contest on the practice green and a \$10K hole-in-one.

SEEKING LEADERS

Visit www.buildyourcareer.com for more information on how you can build your career with Newport News Shipbuilding.

Job Title	Requisition Number	Dept.	Location
Mgr. Custodial Services 2	12583BR	O46	Newport News
Supv. Facilities Maintenance 1	12581BR	O46	Newport News
Supv. Facilities Maintenance 1	12525BR	O43	Newport News
Supv. Facilities Maintenance 1	12526BR	O43	Newport News

Editor: Christy Higgins and Lauren Shuck

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(757) 688-2843

Currents is published every Monday for employees of Newport News Shipbuilding. Visit the archives.

To submit a story, visit nns.huntingtoningalls.com/currents. The deadline for submissions is COB Wednesday for publication the following week.

NNS SAFETY REPORT

* Compared to figures from March 2015



EMPLOYEE CLASSIFIEDS



AUDIO/VIDEO

IPHONE 4 - Setup for Straight Talk wireless. Great coverage. No contract needed. Less than 1 yr old. \$40 (757) 268-1080

BLACKBERRY BOLD - 9930 Non Camera Touchscreen. Great condition refurbished Sprint Verizon and Unlocked \$60 Case \$5 Charger (757) 285-1145

DJ - Elegant and Fun Weddings! Dance floor lighting included. Call (757) 356-1166

NINTENDO DS - Original Style DS with charger and case. Plays both DS and Gameboy games \$20 Call/Text (757) 897-3246

SPIDERS GAME - 1982 desk model "Spiders" An Entex Arcade Video Game in Box Model #906083 \$45. Call (757) 812-9763

MEDIA CENTER - 36" wide x 78" tall Ethan Allen solid oak media center w/ pocket doors & Compartments \$295 call (757) 898-9095

PA AMPLIFIER - Peavey 2000W PA amplifier w/hard roller case. Ideal for church, bingo, social hall. \$350, or \$325 w/o case. (757) 813-1781

DJ - customized playlists suited for any event, lighting effects & photography (757) 869-1876

AUTO

VENTED TAILGATE - Stromberg Carlsson vented 5th wheel tailgate fits numerous years & types of trucks \$90 (757) 746-9239

HARLEY DAVIDSON - 2006 Wideglide. Beautiful HD Dragonfly paint scheme. Lots of chrome. V&H exhaust. Cared for with love. (757) 256-8124

1970 VW BUG - Antique white auto stik shift, reconditioned inside and out. MSTA. VGC \$6500 obo (757) 868-8050

04 HONDA CIVIC -Ex model. 1 Owner, 118K miles, manual. Silver w/ black interior. New inspection. \$5,350 OBO. (724) 991-7809

08 ACURA TSX - 73k miles, auto, silver, leather heated seats, tinted windows, sunroof, has 13k left on loan, looking to get payments taken over. (757)738-2138

99 CADILLAC - Deville, Power Window/Locks, Cruise Ctrl, Leather heated seats, cold AC, will text pics \$3,150 OBO (757) 342-6977

Auto cont.

VAN SEAT - 4 passenger rear seat for ford van with floor mounts, gray, great condition (757) 812-5287

HARLEY DAVIDSON - 04 Low Rider: Fwd controls, new shocks, hwy pegs, quik detach backrest and windshield & more. 26 k mi. \$6,950 (757) 879-5126

VAN - 2000, Chrysler Town and country, LXI, excellent condition, well maintained, new inspection, asking \$3000 (757) 851-0470

5TH WHEEL HITCH - Reese adaptor for 2014 Ram truck with factory installed bed mounted pucks. Like new. \$200 (757) 897-7158

FORD AOD TRANS - AOD transmission out of 90 foxbody mustang operates as it should \$275 (757) 793-8360

FOX K-MEMBER - 1990 mustang 5.0 in excellent shape \$75 (757) 793-8360

HOOD - 1990 ford mustang all steel original very good shape no dents no rust \$100 (757) 793-8360

5.0 ENGINE - complete for sale ran well when pulled need to have gasket overhaul comes with all accessories (757) 793-8360

81-87 GM TRUCK - Lots of C10, K10, 20 parts. Call for price and available parts or check listing on Norfolk craigslist. (757) 268-5667

95 TOYOTA TACOMA - Single cab 4x4 2.7L auto 162k Engine Runs Excellent, Interior in good shape, Reliable truck, NO rust. \$3700 (757) 329-6326

HARLEY DAVIDSON - 02 Soft Tail, Gray, Excellent Condition, Garage Kept, Approx. 2,600 mi., Extras included, call after 6 (757) 436-2140

ROOF RACK - Thule 885 Castaway lockable fishing rod roof rack holds 4 rods. All mounting hardware/manual. VGC. \$80. (757) 619-4341

THROTTLE BODY - Brand new in box BBK 78MM high flow & intake. 96-04 Mustang GT, 4.6L \$250 Text/call pics aval. (540) 505-1643

1988 CHEVY NOVA - Automatic 4dr. No AC. Runs and drives well. New 4/17 insp. Interior in great shape, exterior very faded. \$600 (757) 291-5297

07 HARLEY DLUX - Custom candy teal blue, chromed-out, <7 miles, like new, 12k OBO, HD soft tail (757) 365-9694

MOTORCYCLES - Wanted British Motorcycle's, basketcases, parts, any pre 1980 motorcycle. (757) 620-4472

Auto cont.

VOLVO WAGON - Earl was a good Wagon, but he's got to go. \$800 OBO (757) 346-8709

'11 TACOMA - 4Door Pre-Runner V6, +113K miles, runs great, well kept. Asking \$19.5K (757) 775-6964

1987 CADILLAC - sedan deville complete project or parts car \$250 can deliver (757) 267-2581

WORK TRUCK - 1989 Ford F150 4.9 with 203k+ miles on it. Runs good and is daily driver. Needs some TLC. Asking for \$2k OBO (757) 320-3703

TRUCK CAP - Grey fiberglass cap, windows on all sides. Excellent cond. Fits a 6-1/2 foot bed. Asking \$350. Have pics. (757) 897-9758

HARLEY DAVIDSON - 1984 FXR White with lots of chrome & extras & motorcycle lift. call for pics. \$5500 OBO (757) 722-0550

MUD FLAPS - New Husky Mud flaps for Chevy Silverado, still in box. Asking \$70 (864) 216-5342

BOAT & MARINE SUPPLY

1995 EXCEL - Excel 18'8 Volvo Rebuilt INBD/OTBD motor, 135 Horsepower, with trailer. \$4000.00 OBO (757) 585-5863

04 CHAPARRAL - 215-SSI Cuddy Cabin, 22 ft, Volvo Penta Inbd/Otbd, Bimini Top, Dual axle trailer, many extras. \$13,500 OBO (757) 714-6854

05 BAJA - Baja Outlaw 20' Inbd/Outbd, 5.0L Eng. Low Hours, High Performance Al Tandem Axle Trailer, Asking \$15,000 (252) 332-9898

SAILBOAT - MFG 17' Redhead day-sailer \$200 delivered without trailer \$600 with trailer (757) 267-2581

CHAPARRAL 2830 - 28ft Bowrider with enclosed head. E/C, freshwater use only. Tandem Alum trlr. 454 EFI. \$24,000 OBO (757) 357-5542

KAYAK FORSALE - Future Beach sit on top LOA 10' good cond. 225/BO call or text (757) 232-1299

COMPUTERS

COMPUTER MONITO - 2 Computer Monitors, Samsung LCD 17in display \$15, HP LCD 15in Display \$10. Take both for \$20. (757) 725-1282

Computers cont.

COMPUTER REPAIR - PC/Laptop Repair, Remove Viruses, Install programs, \$85.00 + Parts Call (757) 329-6761

HOBBIES

HILTON TENNIS - Want fun? Meet new people? Come join us @ Hilton Tennis. Clay courts. Year round fun. Near ShipYard. All ages (757) 268-5207

SURFBOARD - 5'10 New Limited edition Monster Energy Drink, with fins, \$250 OBO, great deal, will text pics (757) 342-6977

MARTIN GUITAR - 2007 Martin DR 6-Sting. Spruce top, Mahogany back & sides, w/ factory electronics. VGC, case included. \$450 (757) 871-0101

GUITAR CLASSES - Notes B F A & D will spell a G9, Bm7b5 and a Dm6 chord. Cool, huh? 1-on-1 Midtown NN Wk/bi-wk sched Call/text (757) 528-7017

FREE

HORSE MANURE - Freedom Farm has free horse manure and free loading. Located just across the JRB in Carrollton. Call for info (757) 846-8183

SCRAP METAL - Old metal swing frame in yard; you disassemble and haul away. Not anchored in concrete. (757) 342-8021

FURNISHINGS & APPLIANCES

BED FRAME - Queen size metal bed frame. \$20 (757) 725-1282

DINING SET - Beautiful dark cherry 8 pc set by American Drew. 6 cloth chairs, hutch, table. Was \$6000 new. Asking \$1700 (757) 268-1080

FUTON - Chrome Futon, Full size with 8" thick mattress, GC \$60 OBO (757) 220-9278

DISWASHER - Bosch White exterior and Stainless Steel inside. Excellent Condition Asking \$225 OBO (757) 220-9278

BEDROOM SUITE - Queen size-2 night stands w upper cabinets, mirrored headboard, chest of drawers, dresser & mirror-beige \$800 (757) 846-6858

Furnishings and Appliances cont.

GRAND PIANO - Gulbransen Baby Grand Piano built in the 30's. Beautiful dark stained wood/ Ivory keys. \$900.00 OBO. (757) 647-8859

SAMSUNG OVEN - Samsung Convection Oven. stand alone, 30" stainless, black. Very nice. Flat top, digital. Pic avail. (757) 506-6106

WOOD STOVE - Large Kraft wood stove insert w/blower \$750 (757) 630-6462

DINING SET - Solid Cherry Dining Set includes six chairs, buffet, and additional leaf. E/C, paid new \$2500 asking \$1000 (757) 357-5542

ANTIQUe - Victorian 4 piece bedroom set, w/marble tops & candle stands like at Lee Hall Mansion \$2,500 (757) 812-9763



MOBILE HOME - 2 bed 1.5 bath Mobile home for rent \$600 a month utilities not incl. Av. Mid-late May (757) 784-3216

2BR HOME 4 RENT - 2BR/1BA Cottage in NN. New paint & flooring. Rent includes Appl., Heat, Water, Cable & Internet. \$825/mo. (757) 715-5460

HOME FOR RENT - Beautiful 4BD, 3BTH for rent in shore park Newport News. 1866 sq. ft. Available late July/ early Aug. 1400/mo (757) 846-0801

BEACH HOUSE - 3 Bedroom 1 1/2 Bath on Beach Road in Kitty Hawk, NC \$950 + \$100 Deposit Beautiful View of Ocean (757) 846-1036

FOR RENT \$875 - 2 bedroom, 1 bath with large storage area Quiet area 629 Greenlawn Ave., Hpt. 5 min. to shipyard Avail. May 1 (757) 675-9954

FOR SALE - Nice 4 bdr, 2 bath, 1400 square ft. large garage Double lot New kitchen \$169,900 211 Cherokee Rd, Hampton (757) 675-9954

OPEN LAYOUT RANCH - Cozy, Low Upkeep, 3br1ba, 924ft2, Lg.Garage, Fenced, 2min-Ches.Square, 17min-NNS, gas HT&HW, new AC, \$135K (757) 650-0183

CONDO 4 SALE NN - 3 BR 2 BA in Kiln Creek. Easy access to I-64, end unit backs up against woods, new carpet and flooring.\$160k (757) 675-8398

21 ACRES - Great for hunting, retirement home, partly wooded, in Southampton County on rt.258, 1 mi. from N.C. line \$50K (757) 663-9626

FOR SALE - 3bd 2.5bth 1620sqft 105K Hampton Va (757) 828-6932

HOUSE FOR RENT - 3 bdrm 1-1/2 bath, lake in back yrd. Burnetts Mill, Suffolk. 1100/mnth + deposit. References Required. (757) 618-6007

Real Estate cont.

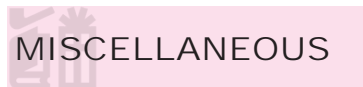
LAND FOR SALE - 3 lots 10 acres each, Gates N.C., just across state line, septic approved. Beautiful location. (757) 334-5526

HOUSE FOR RENT - 3 BR 1 Bath Newly remodeled and new flrg with window AC 900 sqft Hampton, Fordham area \$750 (757) 374-7858

HOUSE FOR RENT - 3 bedroom, 1-1/2 bath, family room, kitchen, central air/ heat, washer/dryer hookup. Rent \$850/mo. Avail 4/1 (757) 344-6190

FOR SALE - Home in Driver area of Suffolk, 2000SF, 4BR, 2.5BA. Remodeled kit, and living space. 270K. (757) 352-1242

WATERFRONT HOME - Seaford 3br 2 full bath updated Rancher, Dock Boat lift replaced 8 years ago For Sale \$328500 (757) 877-1377



MAKE-UP ARTIST - Services incl: Bridal, Proms, & More! Will travel. (757) 325-5353

WEDDING DECOR - Designed and made to order silk wedding bouquets, centerpieces, pew bows, candy buffets, etc. Free consult. (757) 206-3386

HELPING HANDS - General home cleaning. Free Estimates. One time or special occasion cleaning welcomed. Licensed & Insured. (757) 371-3904

PEST CONTROL - Expert pest management, Termite/Bonds, Moisture Control including sand/poly&Crawl Space Repairs. SY discount! (757) 873-4999

NEED BRAIDS? - Get hair braided by licensed professionals today. Call (757) 827-3282

A/C SERVICE - Time for a tune up or replacement? Great prices on both. Heat pumps and A/C systems are still at winter price (757) 771-3441

SELF-DEFENSE - Tactical Training for Protection, Assault awareness and Recognizing Threats. Special Prices Available. (757) 838-1102

LAWN CARE - Affordable lawn care to include cutting, edging, leaf removal, flower beds & more. Call for appt (757) 713-0660

CHILDCARE - M-F 5 a.m. - 5:30 p.m. FTPT 20+ yrs exp. OY. PT, (757) 249-2624

STEEL TOE SHOES - Black Brahma Black Steel Toe Shoes, USA Size 8 Men's. Worn once \$15.00. (252) 619-8338

Miscellaneous cont.

JANITORIAL - floor care,carpet,power washing (757) 503-0934

WEDDING DÉCOR - Misc. wedding glassware. Candle cylinders, vases, etc. Too much to list. (757) 342-8021

TRAINER - Fully supervised private training fitness programs; all levels. Call (757) 930-3372

ORGANIC BEEF - Check FB: "Soul Shine Farm Grass Fed Beef"; Call (540) 255-1292

HEAT PUMP - FREE tune-up, inspec + REBATE for Dom. Power cust. with Heat Pump. (757) 286-2368

GUTTER CLEANING - We clean gutters by hand, bag the debris, flush your down spouts and brighten outside Licensed and Insured. (757) 810-5115

HOUSE WASHING - House, Roof and Concrete Cleaning. Most of our methods are used with less than 500PSI. Licensed and Insured. (757) 810-5115

KEROSENE HEATER - Dayton,400k BTU commercial turbine, cart, temp cntrl, auto shutoff,10gal tnk, used 10hrs, like new, \$1500 OBO (941) 704-6822

ITEMS - Exercise equipment, weights, microwaves, patio table 4 chairs, 4connected office waiting chairs, birdhouses (757) 589-7248

LAUNDRY DETERG - 5 GAL. Bucket \$35. Liquid H.E. last 4 to 5 month works great Sweet potatoes half bushel \$15 watercooler \$65 (757) 589-7248

SAINT LEO MATH - Never used My Math Lab Plus Student Access Code. \$99, (757) 329-2361

CHILDCARE - M-F, 1st/2nd shift available, FT/PT, CPR & First Aid Certified, low rates, smoke free, Foxhill area (757) 869-1876

ALL YOU CAN EAT - Line Dance Shrimp/ Crab Feast & Shop Aug. 6, \$155 incl transport to Maryland. \$50 dep due ASAP. (757) 508-3733

EQUIPMENT - Janitorial Equipment and supplies for sale .. Buffer, vacuums,Trash cans, Mop buckets and Misc.Items. (757) 247-0678

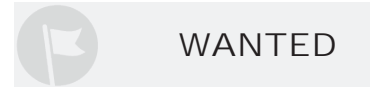
MOWER REPAIR - Small engine repair. Get your Tune up now! (757) 897-4737

DECORATOR - Wedding and Banquet Coordinator, Decorator for all occasions, Wedding, Birthday party and Anniversary (757) 535-3969

SINGLE SPEED - Selling Fuji single speed with flip flop hub. I am 6'1" and ride it comfortably Asking \$275. (864) 216-5342



55GAL FISH TANK - stand and all equipment. w/10 gallon tank for quarantine of new fish. Pick up only \$200 obo (703) 501-4255



WASHER & DRYER - Broken washers & dryers that are in your way. Will pick up for free (757) 617-0100

2ND SHIFT RIDES - 2nd shift ride to NNS form Ahoskie. Leaves at 12:55 pm, pickup in Winton-Gate Co (252) 287-7395

VANPOOL - van comes through King William West Point New Kent Norge/ Croaker commuter lot (540) 907-5811

K10 REAR SPRING - ISO rear leaf springs for a 1985 K10 truck. stock or up to 6inch lift springs. (757) 268-5667

RIDERS NEEDED - HRT van leaving VA Beach to NNS M-F,1st shift. Leave Diamond Springs Rd to all gates @ NNS. Contact (757) 450-6740

BB PASSPORT SE - WTB Blackberry Passport SE silver edition, unlocked. Will pay \$250. Pls text (757) 869-4842

WANTED HANDYMAN - for Vinyl Siding Repair Two Story. Request a free estimate. NN area \$\$\$ paid for work. (757) 508-2781

JANITORIAL - power washing, carpet clean,stripping waxing floors (757) 503-0934

TRAILER - Older model enclosed trailer, Cash paid (757) 620-4472

BOY SCOUT ITEMS - Old patches, pins, uniforms, and assorted items. (757) 350-0918

CARPOOL - from Zuni/Ivor to NNS first shift. (757) 478-5860

LAWN EQUIPMENT - Unwanted equipment broken or running will pick up for free. Leave msg or Txt (757) 897-4737

VAN RIDERS - Van leaving from Belvidere NC to Chowan, Gates county (Hwy 32) thru Suffolk to NNS 1st shift (252) 619-3117