



Michael Joyner (O26), right, explains the importance of wearing personal protective equipment (PPE) while working in the shipyard, during the STEM demonstration at Gloucester High School Feb. 14. Photo by **Matt Hildreth**

NNS Hosts STEM Event at Gloucester High School

More than 200 students at Gloucester High School were able to see and interact with the latest shipbuilding and manufacturing technology during Career Pathways' Science, Technology, Engineering and Math (STEM) demonstration Feb. 14.

"It was a great experience all the way around for both us and the students," said Product Trainer **Michael Joyner** (O26). "Not everyone wants to go to or is right for college, so to share these opportunities with them is important."

In addition to trades training, employees from modeling and simulation, radiological control and augmented reality gave students the opportunity to see why STEM is so important in shipbuilding.

"We were able to show them a world that exists beyond what they can see in their textbooks," said Apprentice **Sara Skaggs** (E04), who volunteered to educate students on modeling and simulation. "It's great for both the students and the company because it shows the students how they can get involved and helps us find talented people for the future."

National Engineers Week is Feb. 19-25.

Employees Honored at 31st Annual BEYA Conference

Six Newport News Shipbuilding employees were honored at the 31st annual Black Engineer of the Year Award (BEYA) Science, Technology, Engineering and Math (STEM) Global Competitiveness Conference in Washington, D.C., Feb. 9-11. The conference is an annual event intended to bring training, networking and mentoring opportunities to individuals interested in STEM professions. It is also a platform to recognize African Americans serving in technical career fields.

During this year's event, shipbuilders **Tamie Agnew** (E81), **Rodell Evans** (X09), **April Hauser** (E16), **Patrick Hines** (E44) and **Stanley Reese** (E85) were presented with the Modern-Day Technology Leaders Award, which recognizes individuals for their commitment and dedication to shaping the future of STEM.

Chavis Harris, director of Ethics, EEO and Diversity, received the Dave Barclay Affirmative Action Award, which recognizes efforts to promote affirmative action and advancement within his or her organization in education, job promotion, small-business development and community activities.

"The conference was a great opportunity to network with professionals who have and..."

CONTINUED ON PG 2

HII Scholarship Applications for 2017-2018 School Year

In 2016, Huntington Ingalls Industries awarded \$210,000 in scholarships to 78 children of HII employees. Lab Technician **William Jackson's** (E85) daughter Alexis was one of the recipients. "It means a lot," she said. "It makes me feel like I had something to offer that was good enough to get it, and it's just a good help for school and tuition."

HII plans to award up to 100 scholarships this year. Parents of children enrolled in a two or four year college program or a pre-kindergarten school readiness program should apply for the 2017-2018 scholarship by April 15. Click on the links below to learn more about the two types of scholarships available:

Pre-Kindergarten School Readiness Program

Post-Secondary Program

Shipbuilders Host Event to Build Relationships and Improve Efficiencies

More than 40 shipbuilders along with **Rob Hogan**, vice president of Supply Chain Management and Manufacturing, participated in a Lean training event with members of the Association for Manufacturing Excellence (AME) Jan. 30-31. Event leaders said that the team and organization win when every teammate is engaged and are doing the right things.

Attendee **Joe Kancel** (O51), who is developing a forecasting tool that looks at future business through 2030, said that everyone is involved in the shipbuilding process regardless of where they fall in the value stream. “Lean techniques help businesses see where they can improve, not just in the manufacturing setting, but also across the entire company in all the different functions that support building these amazing ships.”

Lean techniques help businesses see where redundancies occur and how they can streamline processes and reduce wasteful practices.



Shipbuilders host Lean Champions Training Event at Peninsula Workforce Development Center Jan. 30-31.

“It’s exciting to hear shipbuilders’ ideas and see the deployment of Lean principles and practices,” said Hogan. “You can really see how each group’s efforts impact the organization.”

Regardless of function, all shipbuilders are associate members of AME and can register for events. Visit www.ame.org or contact **Kimberlee Humphrey** (O51) at 380-7129 for more details.

Reminder: Camera-Enabled Device Policy

Company policy allows employees and visitors to bring their personal camera-enabled devices (PCEDs) to work; however, **personal photography and videography are strictly prohibited**. Employees authorized to take photographs and record video at Newport News Shipbuilding have a red camera icon on their badge and must use company-approved devices.

Employees should report all unauthorized use of photo and/or video to the Security Command Center at 380-4031.

Visit the Security and Emergency Management website on MyNNS for additional information.



31st Annual BEYA Conference

CONTINUED FROM PG 1

...continue to make a positive impact within the STEM community – both leaders from NNS and other companies,” said Hines. “It also increased my awareness of initiatives happening across the country and strengthened my dedication towards supporting a strong STEM pipeline at NNS and in the local community.”

Hines added, “Many members of NNS’ senior leadership team were in attendance at the conference. Their presence throughout the weekend was very evident and reaffirmed their commitment of the importance of an inclusive and diverse culture in the workplace.”

A total of 12 HII employees were honored at this year’s BEYA Conference.

[View HII’s “Freedom, Shaped By Talent” ad](#), which congratulates this year’s award recipients.

BEYA award recipients, pictured (L to R): **Tamie Agnew**, **Rodell Evans**, **Chavis Harris**, **April Hauser**, **Patrick Hines** and **Stanley Reese**.

Rotation Opportunity with Office of the Chief Engineer

The Office of the Chief Engineer, in conjunction with the PEERS program, is seeking qualified and eligible engineers for a one year rotation to support trades or program directors. Engineers will gain valuable deckplate experience while applying technical skills to solve problems and improve

technical processes. Applications are available on the MyNNS Engineering and Design website. For more information, contact **Jim Stearns** (E02) at 688-5311, **Ed Guteski** (E02) at 688-3804 or **Renae Myles** (E02) at 534-2429.

AROUND THE YARD

NEW! Unsung Heroes Video Series Honors Shipbuilders

The Inclusion and Diversity Council is featuring a series of “Unsung Heroes” videos to recognize shipbuilders during Black History Month. Watch the first three editions on MyNNS featuring George Bradby (O27), Emmanuel “Manny” Onafeko (E47), Leneisha Jenkins (X43) and Chanelle Cooper (E56).

AASA Black History Month Event Wednesday

The African American Shipbuilders Association (AASA) will host its 8th Annual Black History Month Event from 4:00 p.m. to 7:00 p.m. in the VASCIC auditorium (second floor) on Feb. 22. Jack Ezzell, chief executive officer of Zel Technologies, LLC, will serve as the guest speaker. For more information, contact **Robin Lee** (O53) at 688-6059 or **William Bond** (E83) at 380-3897. All shipbuilders are invited. View the flier for additional details.

A-School Commencement

The Apprentice School Commencement Ceremony for the Class of 2016 will be held at 2 p.m. in the Worship Center at Liberty Baptist Church in Hampton. Business attire is recommended for guests. For more information, contact **Liz Moriarty** (O22) at 688-2513.

Have You Registered for the One City Marathon?

Registration is underway for the One City Marathon, presented by Newport News Shipbuilding. The marathon will be held on Sunday, March 12. Employee discounts are available for the 8K, marathon, nautical mile and marathon relay. Visit www.onecitymarathon.com for more information. No free registrations are available.

Career Pathways is Looking for New Tools for K-12 Students

Career Pathways is seeking new tools and challenges to educate and engage students across Hampton Roads through the “New Tools for the Next Class” Contest. The goal of the contest is to find new ways to engage and inspire the next generation of shipbuilders.

There are three categories within the contest:

- **Create a Coloring Book**
- **Create a Storybook**
- **Engineering and Design Challenge**

Visit www.newtoolsnextclass.com for additional details. Employees are eligible to submit entries for each contest on their own time from a home computer. Submissions will be accepted through March 31.

Spring 2017 Night School Registration Underway

Classes for the 2017 Spring Night School Curriculum are scheduled the week of April 3 through the week of June 3. The application deadline is March 10. More information and course offerings can be found on MyNNS, The Apprentice School’s website under “Programs” or on the NNS to Go mobile app.

New Traffic Pattern on Washington Avenue Bridge

As a reminder, the City of Newport News is nearing completion of the first phase of construction on the Washington Ave. Bridge, located at 40th St. As a result, vehicle and pedestrian traffic on Washington Ave. between 37th and 42nd Street will be affected through October 2017.

Due to the new traffic pattern, street parking between 38th and 42nd Street will be restricted during the construction period.

Employees should expect potential gridlock in the area during heavy traffic times and are encouraged to use alternative routes. Read the EH&S Notice for tips on pedestrian and driver safety when traveling in the area. For questions regarding the bridge replacement project, contact **Omayra Orama** (O41) at 374-0190.






App Available Now!

Experience Newport News Shipbuilding in the palm of your hands.

News
Photos and Videos
Careers
Shipyard Operations

Employee Resources
Discounts
Special Events
and More...




Connection speeds vary based on cellular service and/or wifi connection.

DATEBOOK

FEBRUARY 21

The Society of Naval Architects and Marine Engineers (SNAME) will host a networking event from 6 p.m. to 9 p.m. at the Hampton Roads Convention Center. Cost for young professionals and students is \$5 in advance and \$10 at the door. Cost for SNAME members is \$20.

FEBRUARY 21

The "Spear and Gear" Toastmasters Club will host a meeting from 4:30 p.m. to 5:30 p.m. at The Apprentice School (second floor conference room). The event will provide a forum for employees to learn how to become more effective communicators and leaders. The event is open to all NNS employees. RSVP is not required. For questions, call **Jason Paquette** (E83) at 534-2770.

FEBRUARY 22

The Project Management Institute at NNS will host an event from 4:30 p.m. to 5:30 p.m. at VASCIC (Room 219). William and Mary Professor Dr. Rex Holmlin, and Director of Program Control **Jim Myers** will give a presentation. A charge will not be provided for the meeting. To RSVP, visit the PMI-NNS site on MyNNS. For questions, send an email to PMI_NNS@hii-nns.com.

MARCH 3

The Apprentice Alumni Association will host its annual banquet honoring the Class of 1967 at 5:30 p.m. at the Marriott in City Center. The price is \$40 per ticket. Current employees may obtain tickets from their delegates, alumni officers or by contacting **Sally Krystyn** (O22) at 380-3438.

MARCH 7

ASIAN (Asian Shipbuilders Including All Nationalities) will host a meet-and-greet from 4:30 p.m. to 6:30 p.m. at Bar Louie in Hampton. No RSVP is required. The event is open to members and employees interested in learning more about the ASIAN Employee Resource Group. For more information about this event or to join ASIAN, email ASIAN_ERG@hii-nns.com.

MARCH 8

The Hispanic Outreach Leadership Alliance (HOLA), in partnership with the Professional Engineers Community of Practice, and Project Management Institute at NNS, will host a Networking event for Professional Engineers and Project Management Professionals at Smoke BBQ Restaurant from 4:30 p.m. to 6:30 p.m. Experts will be available to provide insight on obtaining the PE license and PMP certificate. For questions, contact **Eric Olsen** (X27) at 688-1868 or **Mario Carpio** (E83) at 688-9425.

APRIL 7

The Progressive Club is hosting their 2017 "Cabin Fever Golf Tournament" at Sleepy Hole Golf Club. The tournament is a four-person, captain's choice. Entry fees include the "Team Mulligan Package." For more information, view the flier or contact **Kenny McBurney** (X91) at 813-7246.

MAY 20

Newport News Shipbuilding's Submarine Program will hold its annual Golf Classic at Cypress Creek Golf Course. The tournament is a four-person, captain's-choice format. For more information, contact **Johnny Mintz** (X67) at 880-8965.

SEEKING LEADERS

Visit www.buildyourcareer.com for more information on how you can build your career with NNS.

Job Title	Req Number	Dept.	Location
Certified Health Physicist	15672BR	E85	Newport News
Chief Information Security Officer	16374BR	N356	Newport News
Construction Supervisor	16368BR	X09	Ballston Spa
Construction Supervisor (RCOH)	16475BR	X71	Newport News
Director, Federal Policy	16400BR	N359	Washington D.C.
Foreman (2nd Shift)	16360BR	M40	Newport News
Foreman	16064BR	X82/X42	Newport News
Mgr Enterprise Architecture 3	15625BR	T56	Newport News
Occupational Health & Safety Mgr 2	16474BR	O27	Newport News
Supervisor Test Inspection	16519BR	X67	Newport News
Mgr Administration 1	16549BR	O20	Newport News

Editor: Lauren Shuck
Currents@hii-nns.com

Get News. Give Feedback.
 Follow Huntington Ingalls Industries on:



Currents is published every Monday for employees of Newport News Shipbuilding. To submit a story or classified ad, visit nns.huntingtoningalls.com/currents.

TREAT YOUR TICKER RIGHT

There's a lot to love about a heart-healthy lifestyle, from reducing your risk of heart attack, stroke or cardiovascular disease, to having more energy to spend with your family and friends in the years to come. Don't let time run out. Pay more attention to your ticker, starting today!

A Heart-stopping Stat

Heart disease is to blame for 1 in every 3 deaths in the U.S. annually

The Fabulous Four

REDUCE YOUR RISK OF HEART DISEASE:

1 Quit TOBACCO



Your risk of heart disease drops almost to that of a nonsmoker in about 5 years

2 Stay ACTIVE



30 minutes or more of exercise most days will help lower your risk of heart disease by 50%

3 Eat WELL



"Yes, please"

"No, thanks"

4 Maintain A HEALTHY WEIGHT



Reducing your weight by just 5-10% can:
 Lower blood pressure
 Lower cholesterol
 Reduce risk of diabetes

Healthy Gums = Healthy Heart



Studies show that people with gum disease are more likely to have heart disease than those with healthy gums. So brush up!

Stamp Out Stress

Stress can lead to behaviors that increase your risk of heart disease, like overeating, smoking and inactivity.

WHEN YOU FEEL STRESS COMING:
 Count to 10
 Take a deep breath in—and out
 Take a walk
 Do something you enjoy



Infographic Sources:
 American Heart Association, Mayo Clinic



EMPLOYEE CLASSIFIEDS



AUDIO/VIDEO

Experienced DJ- 10 yrs, customized playlists suited for any event, lighting effects and photo. (757) 869-1876

Computer Repair- PC/Laptop, Repair Services, Virus Removal, Install Operating Systems. \$85 + Parts. (757) 329-6761

AUTO

2014 VW Jetta- Base Model. Automatic. 25,000 miles. \$12,500 OBO. Call/Text for pics. (757) 690-3910

2013 Civic LX- Mint condition, 31K miles, great daily, good on gas, asking 14k OBO. Need sold soon. (757) 298-8853

2012 Black Honda CBR Motorcycle- with 7,094 miles, never dropped, no problems. Serious inquires only. (757) 713-0978

2008 Mustang GT - 4.6L, V8, Manual 5-SPD. Red w/Black Leather. Clean. EC. Only 56K Miles. \$14,125. (757) 879-0817

2010 Ford Mustang - Red GT-4.6L 34,500 miles, Black Leather Int, Shaker Speaker System Garage Kept 18K. (804) 694-7018

1999 Honda Civic- Green, 110,000 miles. GC. NSW. KBB at \$1,200 for FC. Asking \$700. (757) 254-1133

2003 Trailblazer LT- Original Owner, clean, 7 seater. Text for pictures. \$4,500. (757) 869-9308

Auto Cont.

2007 Nissan Frontier SE - King Cab, Silver, Excellent Condition, 58K Original Miles, A/T, Tow Hitch, New Brakes, Bed Liner. (716) 597-8759

2007 Harley Deluxe- Chromed out, <7 miles, like new, 12k OBO, HD soft tail. Custom PT Job, must see to appreciate. (757) 365-9694

1994 F150- 12,6400 miles good condition. ladder racks and tow hitch. Tires 3,000 miles new inspection. (757) 570-7832

2006 H-D Sportster 883R- < 5,000 miles, great condition, clubman bars, text for pictures. \$4,500 OBO. (757) 810-3668

BMW 528i - Under Warranty- can be transferred with 20k left. Interior/Exterior pristine. Txt for Pics. (757) 641-2885

2003 Mercedes SLK32 AMG- Silver Mercedes convertible. SC @350hp. ~73k miles. Runs great! Asking \$12.5k. (412) 327-5766

BOAT & MARINE SUPPLY

2007 Sea Doo Jet Ski- 155 HP - runs and looks great - 133 hours - newly upholstered seat - new winch on trailer - \$4,500. (757) 209-8617

2003 Prosports 2550 WA w/ 225HP- Yamaha 4 strk 578 Hrs Aluminum LED 2 axle Trlr Portapotti Bimini Top Sink FF VHF all GC asking \$18K. (757) 763-9076

Boat for Sale- 26 ft. Galaxy. with cubie. Inboard Motor. Fully overhauled with trailer. Asking \$6K OBO. Call (757) 353-5746

FURNISHINGS & APPLIANCES

Mirror for Sale- Large beveled unframed mirror - 40" x 30." Ready to hang, \$20. (757) 886-1138

Refrigerator- White 18 cu ft Frigidaire. Less than 2 yrs old. No dents & no scratches. Perfect condition \$300. (757) 715-1909

Kitchen Table- with six chairs, good condition, \$50. Call or text for pics. (757) 869-7511

Upright Freezer- Good condition, \$75. Call or text for pics. (757) 869-7511

Dishwasher- Whirlpool Runs Great \$65. (757) 285-5544

Entertainment Cntr/ Bookshelves- 11yr. old, VG cond., 59" W x 51" H x 19" Dp., cherry veneer on wheels, shelves w/ glass door, \$85. (757) 969-8430

Canisters- 3 Canisters vintage Cracker Barrel Style w/ handles or without one 29" and two 14" \$35. (757) 812-9763

Dresser- Triple 10 drawer dresser, Cherry w/mirror Made in USA by Stickley \$850. Armoire other pieces avail. (757) 812-9763

Artificial Trees- 8' tree artificial with designer ceramic pot \$50. 7-1/2' tree \$60. and tin planters. (757) 812-9763

Dresser- Vintage Dresser 5 drawers w/candle stands, mirror, marble top \$450. Matching night stand commode \$400. (757) 812-9763

Couch- L Shaped Couch modern 3 pieces 9'8 x 7'4 or 5'4" light olive texture \$350. Very good condition. (757) 812-9763

Furn. & Appl. Cont.

Dishwasher Stainless Steel - Kenmore Dishwasher Stainless Steel, 5 Cycles, 3 Wash Options, Works Great, \$125 call/text for pic. (757) 236-0789

Samsung Convection Oven- 30" Self Cleaning Elec. Range Stainless Steel works great \$250 call/text for pic. (757) 236-0789

Dorm Fridge- 2 door dorm fridge 3.1 cu ft black and silver VGC only used 1 semester \$50 call for pictures. (757) 222-9661

Futon- Wood frame with tan mattress. Great condition, \$125. Call or text for pics. (757) 869-7511

HOBBIES

Guitar Classes- Mdtown NN flxbl sched Call/txt. (757) 528-7017

Vocal Coach-Gabriel's Song-Lynda will teach music to those intersected in making a career in singing. (757) 525-1166

LOST & FOUND

Found Wristwatch- Please text with description. Found on 2/13/17. (757) 358-8326

Keys Found- 2 master keys found in parking lot at 47th and Huntington. Looks like bike lock keys. Number 0464. (757) 651-5815

EMPLOYEE CLASSIFIEDS



MISCELLANEOUS

Fresh Brown Eggs- \$2.50/ dozen. (757) 768-7496

Local Honey- Fresh from the hives in Suffolk, Great for allergies, unfiltered, unpasteurized \$12 per 1lb jar text. (757) 617-2827

Weight Bench- With 150 lb. weight set - great condition - text for pic. \$150. (757) 817-3493

Childcare- M-F, 1st/2nd shift available, FT/PT, CPR and First Aid Certified, smoke and pet free, Foxhill area. (757) 869-1876

HD Leather Jacket- Women's (size Large) HD Leather Jacket. Great condition, Text for pictures. Asking and \$250. (757) 593-8501

Items- Microwaves \$35 and up, Patio sets \$85 to \$145, Vacuums \$35 and up, Carpet shampoo \$65 and up, Heaters. (757) 218-2946

Exercise Equipment - Ellipticals \$50 to \$250, Exercise bikes \$45 to 230, Treadmills \$155 to 299, Concept two rower \$800. (757) 218-2946

Gas Leaf/Debris Blower- Leaf Blower- Husqvarna 125 hand held lightweight gas leaf blower. EC, little used \$100 Poquoson 23662. (757) 810-9052

New Garden tiller rear tine-Tiller, Heavy Duty- New Husqvarna DRT900 Hvy Duty. Fwd and counter rotating. \$500 Poquoson. (757) 810-9052

Chainsaw-Pro Model- Husqvarna Pro model 365 w/20" bar. 71CC 4.83hp used 10min. \$500 in Poquoson. (757) 810-9052

Misc. Cont.

Split Oak Firewood- 1/2 cord - \$75.00. Full cord - \$150. Bundles available. (757) 715-5460

Silver Arrow Head Indian Watch Fob- \$50 from 1900's. (757) 812-9763

Records - Record albums from the 1960's Rolling Stones, Woodstock etc. \$25 each. (757) 812-9763

MC Helmets- One full face XXL \$60 and one Half XL \$30. Neither dropped great shape. Call or text for photo. (757) 236-0789

General Home Cleaning- Free estimates. Special occasion cleaning welcomed. Licensed and insured. (757) 371-3904

Washington Nationals- New w/tags. Mens XL Washington Nationals Track Jacket. \$25. (757) 291-9886

Cell Phone LG VX4650 - Verizon w/ black leather case and belt clip. Wall and car chargers, wired in-ear. \$35. (757) 272-7934

Uniden CB Radio- Like new peaked out, comes with mouth mic and Wilson 1000 magnetic antenna. \$80 firm. (757) 438-0243

Gutter Cleaning- We clean gutters by hand, bag the debris, flush your down spouts. Licensed and Insured. (757) 810-5115

House Washing- House, Roof and Concrete Cleaning. Most of our methods are used with less than 500 PSI. Licensed (757) 810-5115

Mobile Mechanic- ASE Certified Auto Mechanic. I come to you. Flexible hours. Affordable prices. (757) 352-0622

Misc. Cont.

Wickless Candles- Warmers, Wax, Sprays, Oils and more. Ask about monthly specials. We have the perfect gift for all. (757) 771-9237

Purses- Ladies Purses: Dooney and Bourke, Michael Kors and more. Can send pics. Medium/Small, \$25 each. (757) 690-6999

Pest Terminator- Pesty Mice/ Rat probs? Moisture, Termite Control, Real Estate Letters, Crawl Space Repairs, Poly. (757) 873-4999

Pool table- 7' Slate pool table with accessories. Great condition, \$500. Call or text for pics. (757) 869-7511



REAL ESTATE

Lot for Lease- White House Cove Marina, Poquoson Prime Lot #63 for lease. Call for more details. LVM (757) 871-3731

For Rent- Reserve night on house boat. Located at WhiteHouse Cove Poquoson. See the sunrise/set on the water. (757) 298-1733

Rooms for Rent- Located near Patrick Henry Mall. Super quiet neighborhood. \$500/month w/ulilities and free Wi-Fi call/tx. (757) 303-8123

House for Sale in Foxhill Hpt - 3Br 2Ba w/fenced yd on a cul-de-sac. Newly remodeled throughout. Screened porch. Must see \$129,900. (757) 570-0886

Home For Rent- House For Rent 3BR 1.5 Bath 1000 Lyndon Circle NN \$1,000 a Month 1yr lease rq No Pets. (757) 874-4865

Real Estate Cont.

Home for Sale- Poquoson, completely updated brick rancher. 3 BR, 1.5 Ba, garage, boat slip in back yard. (757) 871-9811

Rental Property Management- Experienced to handle all short or long term rentals. Call (757) 478-9797

Home for Sale- 3 br 1 bth new appl, cabinets and flr. priv fenced yard shed w/pwr, great first home, Farmington area. (757) 532-5690



WANTED

Vanpool Riders- Van comes through King William West Point New Kent Norge/Toana commuter lot. (540) 907-5811

Washer and Dryer- Broken washers and dryers that are in your way. Will pick up for free. (757) 617-0100

Van Riders- Van leaving from Belvidere Nc, Chowan, Gates County (Hwy32) and down Suffolk to NNS 1st shift. (252) 619-3117