



## New Crane Arrives

Newport News Shipbuilding's new 315-metric-ton Goliath gantry crane arrived at the shipyard on two ships Tuesday, March 20, and Sunday, March 25, after stormy trips across the Atlantic Ocean.

"Both ships experienced several nor'easters in the north Atlantic with 20-foot-plus seas," said **Brian Jones** (O48), project manager for the crane replacement project. The first vessel even had to take safe harbor in St. John's, Newfoundland and Labrador, Canada, for five days during the journey from Gdynia, Poland, to NNS.

Tug Operator **Tommy Wooten** (X36), **Tim Mason** (X36) and **James Davila** (X36) on the tugboat *Captain Ambrose* and the crew from the tugboat *Huntington* helped guide the first ship to Dry Dock 12. "It looked like a small ship, but it still took a lot of pushing to get it up against the dock the way the wind was blowing that day. It was a good experience, and the crews did a great job," Wooten said.

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## Union and Labor Relations Partner to Share Benefits Changes



With annual enrollment scheduled April 23 – May 4, now is the time for employees to review benefits and plan to make changes. To prepare United Steelworker members for the new plan year starting July 1, union leadership and Newport News Shipbuilding's labor relations team hosted an informational meeting to review the union's upcoming benefits changes.

The goal of the meeting was to equip union and labor relations representatives with information on changes so they can answer employees' questions. Topics included changes...

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Teams of shipbuilders and Christopher Newport University students spent last weekend collaborating to bring about positive change at NNS. Photo by **Ashley Cowan**

## Disrupt-a-thon Fosters Creativity



About 40 shipbuilders and Christopher Newport University students spent March 23-24 working to develop ideas that leverage technology to bring about positive change at Newport News Shipbuilding during the 2018 Disrupt-a-thon.

The event, sponsored by NNS IT and the Asian Shipbuilders Including All Nationalities (ASIAN) employee resource...

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## March is National Athletic Training Month

March is National Athletic Training Month. This year's theme is "compassionate care for all." Athletic trainers work to treat physically active people ranging from military Special Forces to Olympians to performing arts professionals.

At Newport News Shipbuilding, athletic trainers are employed within The Apprentice School Athletics Department and work primarily in the realm of prevention, providing strength and conditioning programs, nutrition counseling, active warm-up and cool downs, as well as educational programs on injury and illness prevention.

Athletic Trainer **Sean Hanrahan** (O22) has played an integral role in developing the athletic training services provided at The Apprentice School since he arrived in 2007. "I love being an advocate for our apprentice athletes, whether they are healthy or injured. Developing programs for injury prevention, educating our young athletes on current health issues, and helping injured apprentices navigate the healthcare system, is all very rewarding," he said.

Wrestling Head Coach **Micah Amrozowicz** (X91), said the program's success is due in part to the support of the athletic training staff. "Their dedication and diligence allows us to perform and compete at a very high level."

Athletic Trainer **Adeline Thompson** works primarily with the wrestling program, focusing on injury prevention, program development to rehabilitate existing injuries, skin infection prevention and monitoring, as well as medical oversight at tournaments. "Addi always goes



Athletic Trainer **Sean Hanrahan**, right, works with an Apprentice School athlete. Photo by **Ashley Cowan**

above and beyond," Amrozowicz said. "She truly cares about every athlete and takes her job seriously."

For more information, visit the National Athletic Trainers' Association (NATA) website at [nata.org](http://nata.org).

## Women's History Month: Rarkeem Seaborne

*March is Women's History Month. The theme for this year's Inclusion and Diversity (I&D) monthly recognition campaign is "Unite Our Voices by Speaking Together." As part of the campaign, four employees will be featured during each recognition month – two from within the featured demographic and two outside of it. Employees will share personal stories, insight and perspectives on what the month means to them. Features will be published in Currents, the NNS to Go app, MyNNS and HII social media channels.*

Shipfitter **Rarkeem Seaborne** (X11) says he is fortunate to be surrounded by so many impactful women in his life.

"My mother, grandmother, aunt, and teachers have been so inspirational to me," he said. "They've all helped me get to where I am today. All men have a woman who has positively impacted their life – a mother, grandmother, sister, daughter, wife, co-worker, supervisor or mentor. Women's History Month is a time to recognize those women and other women throughout history who have empowered those around them and paved the way for a better society."

The Southampton native says his mother and aunt were both influential in his decision to come to work at Newport News Shipbuilding. "They encouraged me to select the career path I'm currently on," he said. "And they've always encouraged me to be the best person I can be and never to settle for anything less."

Nearly one year after accepting an offer to become a shipbuilder at NNS, Seaborne is a shipfitter working in the new aircraft carrier construction program building *John F. Kennedy* (CVN 79). "I'm enjoying my career, the people I work with and I look forward to the opportunities the shipyard will provide in the future."

Additionally, Seaborne says he is proud to work for a company with a female leader and a company that values inclusion and diversity.

"Teamwork is so important in every aspect of what we do here at the shipyard," he said. "To be the best, we have to work with all kinds of people from various backgrounds, races, religions and orientations. We have to listen to ideas contributed by others and work



together to solve problems. In doing so, we learn so much from each other – and learn that even though we may have differences, we're all shipbuilders with the same end goal – to build the greatest ships in the world."

View Seaborne's poster on MyNNS. Employees interested in participating in this year's I&D campaign are encouraged to visit [nns.huntingtoningalls.com/id-campaign-2018](http://nns.huntingtoningalls.com/id-campaign-2018).

## Union and Labor Relations Partner to Share Benefits Changes

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...to the medical plan, the switch to CVS/Caremark for prescription drug coverage, new diabetes prevention programs and more.

“I found this meeting very helpful,” said **Charlene Jones** (X32), a sheet metal craftswoman and union representative. “I like to understand how our medical plan works. This will be helpful when I tell other folks about the changes.”

Labor Relations Director **Deborah Moore** encouraged the attendees to take the information and share it with employees. “You are the ambassadors on the waterfront,” she said. “Go out and talk with employees and tell them about their benefits options so they can make the right choices for themselves and their families.”



Union and Labor Relations representatives learn about benefits changes ahead of annual enrollment. Photo by **John Whalen**

The union and labor relations team plans to hold information pop-up sessions during annual enrollment to further educate employees about their benefits.



More than 40 shipbuilders volunteered during the *FIRST* Robotics competition at Churchland High School March 17 and 18.

generation of technical talent,” Brown said. “We are quite a team.”

More than 40 Newport News Shipbuilding employee volunteers acted as mentors, coaches and provided technical support. “This year’s event was a huge success. We were able to double the number of NNS volunteers from last year. It was an awesome sight to see the NNS volunteers just as excited as the kids were over the competition,” said **Lewis Fisher** (E25), NNS volunteer coordinator. “I am excited about the growth of *FIRST* Robotics among the shipyard.”

## NNS Volunteers Ensure *FIRST* Robotics Success

Hundreds of high school students from Virginia, the District of Columbia and Maryland met at Churchland High School in Portsmouth March 17 and 18 for the *FIRST* Robotics Chesapeake District Hampton Roads Competition sponsored by Newport News Shipbuilding.

Students and their families were able to explore the Integrated Digital Shipbuilding (iDS) Mobile Experience (MX) trailer as well as some interactive displays from NNS, The Apprentice School and local businesses. The theme for this year’s competition was “Power Up,” a nod to the nostalgia of the video arcades mixed with the high energy of robotics competition.

NNS Director of Innovation and Engineering Solutions **Don Hamadyk** opened the two-day competition. “The energy, talent and inspiration around this event is amazing. It’s very hard to experience a *FIRST* Robotics competition and not be immensely hopeful for a great future. The world will be in good hands. NNS is very proud to be the title sponsor for the Hampton Roads region,” he said.

O35 Training Instructor **Chris Brown** and NNS Career Pathways have been the driving force behind shipyard involvement in *FIRST* Robotics since 2015. “I am proud of the level of commitment by NNS to this program and its continued support of developing the next

Engineer **Danyelle Saunders** (O41) is in her third year volunteering for *FIRST* Robotics. “I love the fact that my children have been able to volunteer each year with me. The energy level and passion of the competing teams is always exciting to witness. It is also refreshing to see the excitement in the eyes of everyone that stopped by the NNS table to get a quick lesson on augmented reality,” she said. “The experience NNS provided through the iDS trailer tours definitely left an impact on those who attended.”

*FIRST* (For Inspiration and Recognition of Science and Technology) is a national program that designs innovative programs that build science and technology skills in the next generation of innovators and engineers. Employees interested in volunteering should contact **Chris Brown** at 688-7897 or **Lewis Fisher** at 688-4761.



Participants watch as a group presents its idea during the Disrupt-a-thon. Photo by Ashley Cowan

## Disrupt-a-thon Fosters Creativity

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...group, was held at CNU through a partnership with the university and Amazon Web Services.

Organizers didn't call the event a hack-a-thon because they wanted participation from a broad range of shipbuilders and students – including those without an IT background. "We wanted some kind of technology involved, but it wasn't going to be the foundation of what we wanted to do here," said **Robin Zivadinovic** (T55), who – along with **Amanda Clarke** (T55) and **Carole Sterling** (T55) – helped to lead the event for NNS. "We really want to help to meet the needs of everyone in the yard."

Mixed teams of NNS employees and CNU students worked Friday night and all day Saturday to find ways to positively impact the workplace culture through inclusion and diversity and work-life balance initiatives. Groups presented their solutions to a panel of judges Saturday evening.

Ideas included apps to help alleviate parking and commuting challenges and to track and incentivize health and wellness initiatives. The development of a company childcare center and systems to help simplify conference room bookings and foster collaboration between shipbuilders in different departments were also suggested. The top three teams received cash

prizes, and their ideas – and others – will be brought to NNS leadership for consideration. "All of the teams did an excellent job," said **Bharat Amin**, NNS' vice president and chief information officer. "The mission is to take the ideas that were created in this 24-hour period and bring them into practice in the shipyard."

Amin, who was a judge for the competition, said he was excited to see what the teams were able to develop in such a short period of time. He was also happy CNU students had the opportunity to participate in the event.

"This is our pipeline. Our future workforce being educated here," he said. "This allows them to see how we innovate and disrupt. I think it will also create an attraction for them to come work for us."

Participant **Erin Joseph** (O44) wasn't sure what to expect when she signed up for the Disrupt-a-thon, but gained valuable takeaways from the experience like the importance of reaching out to shipbuilders across departments and divisions to develop solutions.

"I'm glad I went out on a limb and tried it. I feel like it was helpful because you had a vice president and others who have the ability to impact work-life balance. Being able to present to them directly was helpful to everyone, not just the people here, but the people at the shipyard who couldn't participate," she said.

## NNS Names New Vice Presidents

Two Newport News Shipbuilding vice presidents – **Jim Gildea**, vice president and chief counsel, and **Tom Johnston**, vice president of Contracts and Pricing – are set to retire April 1. Gildea has served in his role since 2011 and will retire after 23 years of service to HII and NNS. Johnston is retiring after 15 years of service to NNS.



Christie Thomas will be NNS' new vice president of Contracts and Pricing.

**Christie Thomas**, HII's corporate director of Investor Relations, will succeed Johnston

as vice president of Contracts and Pricing. Thomas joined Ingalls Shipbuilding in 2006, and has held director-level positions in Supply Chain Management, Business Management, Business Development and Contracts and Pricing.

As previously announced by HII Executive Vice President and General Counsel **Kellye Walker**, **Jon Arena** – who is joining the company from Boeing – will succeed Gildea as vice president and chief counsel.

Thomas will begin her new assignment April 1, and Arena will start April 9. Read a letter from NNS President **Jennifer Boykin** announcing the changes on MyNNS.

## New Crane Arrives

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X36 shipbuilders are working to offload the crane's components, which are being transported through the shipyard to the erection site. The new crane will replace NNS' 49-year-old green Goliath gantry crane that spans dry docks 10 and 11. It will resemble the 1,050-ton crane in the North Yard, better known as "Big Blue," although it will be about 15 feet taller.

Jones expects the new crane to be "in the air" by midsummer and operational next year. Watch a time-lapse video of the crane arrival on MyNNS.

Cover Photo: The first of two ships carrying Newport News Shipbuilding's new Goliath gantry crane arrives at NNS Tuesday, March 20. Photo by **John Whalen**

## AROUND THE YARD



Michael Lempke speaks during a L.E.A.R.N. after-work presentation Feb. 27. Photo by John Whalen

### Lempke Speaks at L.E.A.R.N. Event

L.E.A.R.N. hosted an after-work presentation with **Michael Lempke**, president of the Nuclear and Environmental Group at Huntington Ingalls Industries' Technical Solutions division, on Feb. 27.

Lempke discussed his group's work with the Department of Energy and opportunities for engineers, program managers and business professionals. Approximately 120 shipbuilders were present at VASCIC, along with remote employees from New York and Washington, D.C. The African American Shipbuilders Association (AASA), represented by its president, **Stephanie White** (K21), was the highlighted employee resource group (ERG). A networking reception was held following the presentation.

"The L.E.A.R.N. event was an excellent opportunity to hear from Mr. Lempke and learn about the Technical Solutions division, as well as the projects at Oak Ridge and Los Alamos national laboratories. It was encouraging to hear that our organization's record of performance and adherence to 'hard stuff done right' has earned us recognition in the nuclear and environmental industry," said **Christopher Smith** (O19).

For more information about L.E.A.R.N., AASA and the other ERGs at NNS, visit the ERG website.

### Equality Virginia's Deputy Director to Speak at VASCIC

Shipbuilders Together Realizing Inclusion, Diversity and Equality (STRIDE) is hosting Vee Lamneck, deputy director of Equality Virginia, for a talk at 4:30 p.m. Wednesday, March 28, in the VASCIC auditorium. All shipbuilders are welcome to attend. See flier for more information.

Equality Virginia is a statewide, non-partisan education, outreach and advocacy organization seeking equality for lesbian, gay, bisexual and transgender Virginians.

### NEW! Watch Focus NNS

Watch the latest edition of Focus NNS, which features a number of recent Newport News Shipbuilding milestones, including The Apprentice School Class of 2017 graduation, and progress on *John F. Kennedy* (CVN 79).

### WiSE Woman Award Recipients Recognized

Women in Shipbuilding Enterprise (WiSE) recently presented "WiSE Woman" awards to the following employees:

- **Kelly Mann** (X70) was recognized for Employee Engagement in December (2017)
- **Kimberlee Humphrey** (O52) was recognized for Outstanding Leadership in January
- **Kristin Murphy** (O51) was recognized for Commendable and Sustained Performance in February
- **Renae Myles** (E01) was recognized for Outstanding Leadership in March
- **Rochelle Robbins** (O62) was recognized for Commendable and Sustained Performance in March

WiSE presents this award each month and award winners are published in *Currents* on a quarterly basis. For more information about the program, visit the WiSE Woman website on MyNNS or contact **Janice Boone** (E16). To submit a nomination, complete the WiSE Woman Nomination Form.

### NNS Participates in ACIBC Action Days

Newport News Shipbuilding relies on thousands of suppliers from across America. Last week at Aircraft Carrier Industrial Base (ACIBC) Action Days in Washington, D.C., shipbuilders provided insight to the industrial base on how NNS is working to build *John F. Kennedy* (CVN 79) and future carriers more efficiently through the use of digital shipbuilding and other cost-saving methods – and how a two-ship buy would allow the shipyard to be even more efficient. Watch a video that was shown at the event on MyNNS or the NNS to Go app.

### NNS Hosting "Bring Your Daughter to Work Day"

Career Pathways is celebrating "Bring Your Daughter to Work Day" on April 26 with an opportunity for 12 Newport News Shipbuilding employees to bring their daughters to NNS to learn about career opportunities at the shipyard.

Participants will be picked by lottery and tour the shipyard from 7 a.m. until 3 p.m. To be eligible to participate, NNS employees and their daughters must meet the following criteria:

- NNS employees must be able to take a full day of PTO/vacation and have manager approval to attend the event April 26.
- NNS employees must be able to complete and return required paperwork by the deadlines.
- Daughters must be between 16 and 18 years old.
- Daughters must be able to bring their original birth certificate the day of the event in order to be badged.
- NNS employees must provide their own PPE. PPE will be provided for guests.

Shipbuilders may enter the lottery by sending their name and their daughter's name to [career\\_pathways@hii-nns.com](mailto:career_pathways@hii-nns.com) by March 30. Winners will be notified April 6 via email.

## DATEBOOK

## MARCH 27

Join Women in Shipbuilding Enterprise (WISE) for a Women's History Month "WISE Talk" featuring NNS President **Jennifer Boykin** from 4:30 until 6 p.m. in the VASCIC auditorium. Boykin will discuss the NNSFORWARD Strategy in an interactive format. For more information, contact **Cynthia Allen-Whyte** (N358) at 688-2636.

## MARCH 29

Join the Project Management Institute at Newport News Shipbuilding (PMI-NNS) from 4:30 to 5:30 p.m. in the VASCIC 2 West Dining Area as **Jeff Tatum** (E57) and **Justin Marquez** (K47/X31) present "Deckplate Tools that Enable Auto Progressing." Attendees will learn about progressing that is based on actual percentage of work complete and how it could be automated and its impact on business. No charge will be provided. To RSVP, visit the PMI-NNS website. For additional questions, email [PMI\\_NNS@hii-nns.com](mailto:PMI_NNS@hii-nns.com).

## APRIL 8

The Progressive Club Cabin Fever Classic will be held at Sleepy Hole Golf Course in Suffolk. The shotgun start is at 1 p.m., and sign-up starts at 11:30 am. The tournament will be Captains Choice, and the cost of the event is \$300. Following golf, a dinner will be held. For more information contact **Buddy Eagle** (X71) at 688-3850 or 592-5362.

## APRIL 8

The Society of Manufacturing Engineers (SME) will sponsor a tour of Continental Automotive, located at 615 Bland Blvd. in Newport News, at 4 p.m. An extended tour and dinner will follow. The cost for SME members and guests is \$15. The cost for students and seniors is \$10. *Note: Safety shoes are required for the tour. No open-toed shoes or sneakers are allowed.* To RSVP or for more information, contact **John Edwards** (E84) at 534-0240.

## APRIL 12

The Professional Enhancement and Enrichment Rotational (PEER) Program is sponsoring a Lunch and Learn from 11:30 a.m. until 1:30 p.m. at Bldg. 903 to explain how the program works (for salaried individual contributors), answer questions and provide detailed information on how to sign up. Lunch will be provided. RSVP on the PEER website. For more information, contact **Gary Figg** (O44) at 688-4495 or **Pam DeLar** (E65/O44) at 534-2631.

## NOTICE: NEW HOURS AT ONSITE DENTAL

Onsite Dental, a full-service dental clinic located behind the Hill Family Health Center, has extended its hours to 7 a.m. to 6 p.m. Monday – Friday. To make an appointment, visit [hii.onsitedental.com](http://hii.onsitedental.com) or call 707-7223.

## APRIL 17

The Project Management Institute at Newport News Shipbuilding (PMI-NNS) organization is hosting a Networking Social from 4 to 6:30 p.m. at Bar Louie in Hampton. No charge will be provided. To RSVP, visit the PMI-NNS website. For additional questions, email [PMI\\_NNS@hii-nns.com](mailto:PMI_NNS@hii-nns.com).

## APRIL 20

The Apprentice Alumni Association will host the annual Apprentice Alumni Spring Golf Tournament at Williamsburg National Golf Club. The cost is \$80 per golfer and the price includes green fee, 18-hole cart fee, tournament prizes, food and unlimited range balls (one hour prior to start). For more information, contact **Fred Peedle** (E51) at 688-6682 or visit [nnaprentice.com/alumni/news.htm](http://nnaprentice.com/alumni/news.htm).

## APRIL 20

The Professional Enhancement and Enrichment Rotational (PEER) Program is sponsoring a Lunch and Learn from 11 a.m. until 1 p.m. in Bldg. 77 to explain how the program works (for salaried individual contributors), answer questions and provide detailed information on how to sign up. Lunch will be provided. RSVP on the PEER website. For more information, contact **Gary Figg** (O44) at 688-4495 or **Pam DeLar** (E65/O44) at 534-2631.

## APRIL 26

L.E.A.R.N. will host an after-work presentation with Chris Miner, vice president of In-Service Aircraft Carrier Programs, from 4:30 to 6 p.m. in the VASCIC auditorium. The event is open to all employees by reservation only. Sign up on the L.E.A.R.N. website. See the flier for more information. For questions, contact **Tanika Vasquez** (O24) at 688-7916 or email [LEARN@hii-nns.com](mailto:LEARN@hii-nns.com).

## APRIL 28

The Apprentice School will host an open house from 9 until 11:30 a.m. at 3101 Washington Ave. The admissions event will feature a trades expo, hands-on demonstrations, breakout sessions and the opportunity to meet with administrators, instructors and current apprentices. Space is limited. See the flier for more details. For more information and to register, visit [as.edu](http://as.edu).

## MAY 16

Are you interested in learning more about the different Employee Resource Groups at NNS? L.E.A.R.N. is hosting an ERG Expo from noon to 12:30 p.m. in Applebees (Bldg. 227). The event is open to all employees. For more information, contact **Tanika Vasquez** (O24) at 688-7916 or **Helen Dennie** (O28) at 380-4831.

## MAY 19

The 2018 NNS Submarine Program Golf Classic will be held at 1 p.m. at Cypress Creek Golfer's Club. This is a four-person, Captain's Choice tournament. The cost is \$80 per person (\$320 per team). Tournament proceeds will benefit the nonprofit Stop Soldier Suicide and the Virginia Peninsula Foodbank. For more information, contact **Johnny Mintz** (X67) at 688-5031 or 880-8965.

## MAY 19

The Society of Manufacturing Engineers at The Apprentice School is hosting the 2018 Cardboard Boat Regatta. Teams will build cardboard boats and race them at Windsor Castle Park in Smithfield. Get a team together and come and join the fun. All proceeds will benefit Shriners Hospitals for Children. For more information or to register, visit [nnaprentice.com/sme](http://nnaprentice.com/sme).

## SEEKING SHIPBUILDERS

Visit [www.buildyourcareer.com](http://www.buildyourcareer.com) to search for the latest NNS job openings.

Job Title	Req Number	Dept.	Location
Foreman	22708BR	K46	Newport News
Electrical Engineer 3	22088BR	E44	Newport News
Software Quality Engineer 4	22417BR	T52	Newport News
IDS IT Systems Engineer 2-Siemens Teamcenter/NX	20611BR	T55	Newport News
Systems Application Analyst 2-Siemens Teamcenter/NX	20733BR	T54	Newport News
IDS Security Application Analyst 4 - McAfee Administrator	17563BR	T54	Newport News
Lead Test Engineer 3	21184BR	E25	Newport News
Mechanical Engineer 3	23076BR	E83	Newport News
Electromechanical Engineer 3	22451BR	E19	Newport News
Structural Engineer 3	22985BR	E16	Newport News
Structural Engineer 4	22573BR	E16	Newport News
Nuclear Engineer 3	20347BR	E81	Newport News

Employees are encouraged to use the "Current HII Employees" portal to apply. The company continues to offer cash bonus awards for referrals to select positions, visit [www.huntingtoningalls.com/careers/refer-a-friend](http://www.huntingtoningalls.com/careers/refer-a-friend) for more information.

## EMPLOYEE CLASSIFIEDS



## AUDIO/VIDEO

DJ - 11 years experience, custom playlists for any event, lighting effects and photography. (757) 869-1876

## AUTO

2008 328i BMW - Convertible hardtop, heated leather seats, nav and sport pkg. 74,200 miles, garage kept. \$11,900. (757) 353-9825

Enclosed Trailer - 7'x22' black, 7K lbs. 2 axles, side door, stone guard, ramp back door. \$6,000 OBO. (757) 621-0464.

Enclosed Trailer - 6'x14' black, 3.5K lbs. axle, side door, stone guard, ramp back door. \$2,350 OBO. (757) 621-0464

2007 Dodge Ram 1500 - 135k miles, rwd, blue, quad cab, well maintained. \$11,000. (757) 256-6919

2014 Dodge Dart Rallye - New tires, oil change & inspection. 6 speed manual transmission. Great condition. 91k miles. \$8,800. (757) 677-6699

2010 Mazda 3S 6-speed Manual - Great cond. Leather, nav., sunroof, 2.5L Sport. New clutch, 145k miles. \$5,600. (757) 880-2948

2016 Suzuki GSXR 750 - Black & White. 5,700 miles. Adult owned. Always under cover. \$9,000. (757) 876-5987

1990 Ford F350 Diesel Dually - White, 4-door, 144K miles. Interior in good condition w/no seat rips. (816) 824-0660

## FURNISHINGS &amp; APPLIANCES

TV for Sale - Sony 50-inch. Great for large family room or man cave. Good condition. Text for pictures. \$175. (757) 218-5607

Bosch Washer - 9-year-old Bosch washer 300 Series Next. Front loader, large capacity. Runs well. \$75. (757) 879-4900

## Furnishings and Appliances cont.

Solid Oak Bar Table - Excellent condition, nonsmoking stand alone bar 4x2x3. Fits 3 stools, not incl., light color. \$150. (757) 504-5845

Kimball Piano - In good condition. Family owned for many years. Have pics. \$225. (757) 817-5607

## REAL ESTATE

House for Rent in Norfolk - 4 BR 2BA 2,000 sq.ft. LR, FamRm, Eat-in Kitch w/ fridge, wall-to-wall carp. Cent heat/AC. Laundry rm, big yd on Lake Lg Drive. (757) 340-6653

Lots for Sale - Two 1/2 acre lots for sale on tidal canal in Gloucester. Call for more details. (757) 641-4994

House for Rent - Brick rancher in York County. 3 bed, 1 bath, garage, 1,200 sq. ft. \$1,299. (757) 869-3862

Home for Rent - 3 bdrm, 2 bath. 183 Kristen Ln., Suffolk, Burnetts Mill, pond in back yard. \$1,250/month. Deposit & ref. req. (757) 618-6015

Land for Sale - 3 lots, 10 acres each, Gates, N.C., just across state line, septic approved. buy before we timber (757) 334-5526

OBX Rental - Nautical Bovine - 4bdrm/2.5bath-Ocean Side-Southern Shores Realty #1288 or google "The Nautical Bovine." (800) 334-0452

Home for Rent - Small 2 br, 1 Bath. Ideal for one. On owner's prop. Fridge and stove incl. No wshr/dryr. \$825/mo. (757) 715-5460

House for Sale - 4 BR/2.5 BA in RiverBluff on the Nansemond River. Completely upgraded. (843) 822-9854

Beach House for Rent - 3 Bdrm, 1-1/2 Bth on Beach Rd, Kitty Hawk, \$950/ \$100 deposit. Beautiful ocean view. (757) 846-1036

Townhouse for Sale - Meridian Parkside, 10 min. from NNS, 3 Story, 2BR, 3.5BA, 1,782 sq. ft. Rec room, WIC, garage, open plan. (412) 600-5298.

## Real Estate cont.

For Rent - 3 Br, 1.5 bath. On cul-de-sac. 1-year lease req. No pets. Close to NNS and military welcome. \$1,000. (757) 874-4865

W/Burg 4BR/3BA for Sale - Approx 1,800 SF (incl. in-law), 2 large sheds, short walk to Colonial W/burg. MLS #1803528. (518) 416-5358

## MISCELLANEOUS

Porcelain Tiles - 24 - 13.5 inch square earth tone porcelain tiles. photo on request. All for \$12. (757) 508-0692

House Keeper - Taking up new clients at an affordable cost and on your time. Lic. and insured. (254) 368-8320

Olympic Weight Bench Set - \$200. (757) 256-6919

Island Vacation - In Dom. Republic at all-inclusive Grand Bahia Principe San Juan. \$650. Expires June 20 (757) 739-8879

Small Animal/Rabbit Cage - With slide out pan. 2' x 2' square 21" tall, fully assembled. EC. \$30. (757) 619-4341

2 Bird Cages - 1 Lg Bird Cage (\$150) & 1 Med (\$80) assembled, call for pics & dimensions, leave message (757) 409-8200

Ring Mens - 14K WG wedding band. Unique. Size 9. Pics available. (757) 647-8913

Firewood for Sale - Oak and Pecan split firewood. \$180 for full cord. \$95 for half cord. Bundles avail. Delivery available. (757) 715-5460

Pest Terminator - Free inspections: Expert pest; termite; moisture control; under house repairs & poly installation. (757) 873-4999

Lawnboy Mower with Bag - Good condition, except self propelled mechanism needs repair but can be disengaged to push. \$75 OBO. (757) 719-8748

Makeup - Variety of makeup: Covergirl, Maybelline, Physicians Formula & Revlon. (757) 771-6137

## Miscellaneous cont.

Kids Summer Water Toys - 3 inflatable water toys. Never opened. \$20 each OBO. (757) 971-8020

Landscaping - We do all lawn care. Clean up, shrub & tree trimming. Mulch & mowing. Gloucester area. (757) 525-0259

Extension Ladder - 28' Werner Type II aluminum extension ladder. 225 lb. \$125. (757) 719-8748

20-Ft. Telescope Flagpole - 4X6 Flag, 3" gold bal, dbl swivel alum rings. \$350. (757) 869-3862

Roofing and Siding - Roofing, siding, crawl space repairs. Honest, competitive prices. Lic. and insured. References avail. (757) 641-0738

Gutter Cleaning - We clean gutters by hand, bag the debris, flush your down spouts. Licensed and insured. (757) 810-5115

House Washing - House, roof and concrete cleaning. Most of our methods are used with less than 500PSI. Licensed. (757) 810-5115

3.5 Cu Ft. Deep Freezer - Small ice cream freezer with sliding glass tops. Works great. \$200 OBO. Text for pics. (757) 592-1100

Va. Tech Hokie Club Dinner - 6 p.m. April 30 at Warwick Yacht Club. Speaker: Bud Foster. Cost \$48. (757) 877-7397

Wedding Dress for Sale - 16W, mermaid, lace-up back. Top part has little jewels. Text (256) 293-9675

Honda Mower - Works great, self propelled, rear bagger. \$150. (757) 593-0508

Yeti Roadie White Cooler - Never used. \$150. (757) 814-4984

Weber Grill - 18" Smokey Mountain Cooker w/BBQ Guru Party-Q Temperature Control. New combined \$450. Selling for \$275. (757) 812-2719.

Home Cleaning - General home cleaning. Free estimates. Special occasion cleaning welcomed. Licensed & insured. (757) 371-3904.

## EMPLOYEE CLASSIFIEDS



**MISCELLANEOUS**

Items - Adjust Weight Bench 170 lbs of steel, dumbbells, \$199. Leather high back office chair, \$65. NXT Bike \$550. (757) 218-2946

Items - Microwaves, \$35 and up. Weed eaters, \$35. Heater, \$25 and \$35. Ionic air purifiers, \$45 and \$65. 4-wheel walkers, \$40. (757) 218-2946

Exercise Equipment - Treadmills \$199-299. Ellipticals, \$50-135. Exercise bikes, \$65-220. Treadclimber TC 10, \$399. Also TC 20. (757) 218-2946

Earthlite Pro Massage Table - With carrying case, headrest pad, face cradle, oil holster & more. \$225 OBO. (757) 812-2720

Brother Sewing Machine - Table top or fits in cabinet. \$25. (757) 812-2720

Woodworking Projects - Benches, tables, desks, exterior shelves, etc. Priced for cost of materials. Have pics to show work. (757) 705-4602

Credit Repair - Need negative items legally removed from your credit report? (757) 232-5274

*Miscellaneous cont.*

Retirement Planning - Tell us your goal, we'll map a plan to get you there. (757) 268-9888

Financial Planning - Helping you save more, eliminate debt & protect your income. (757) 268-9888

**WANTED**

Parking Spot - I am looking for a parking spot between 50th-46th streets. Not looking to spend \$150 a month either. (757) 813-8350

Parking Relief - Tired of the parking issues, I have the solution. Looking for 4 people. (757) 239-0592

Washer & Dryer - Broken washers & dryers that are in your way. Will pick up for free. (757) 617-0100.

**HOBBIES**

Flaming Roses - We are now accepting kids ages 5 and up to join our competitive dance team. (757) 768-2042.

*Hobbies cont.*

Va. Tech Hokie Club Golf Classic - 9 a.m. April 16 at Kingsmill Resort. 4-person Captains Choice. (757)784-0351

Bicycle - 21-speed Giant Cypress. Med (26" whls). Great condition. Pics available. \$170. (757) 647-8913

1:1 Guitar Classes - Midtown NN. Flexible scheduling. Read/play std notation, chords/theory. Call/txt rates, class times. (757) 528-7017

**FREE ITEMS**

Free Piano - Must Pick Up. Decent shape. Needs tuning. Comes w/light, stool, storage and music. Located in Tabb. Text (757) 897-4377

Free TVs - Two 25" Toshiba TVs for free. You pick them up, they're yours. (757) 812-2720

**LOST & FOUND**

Found Keys - 5 keys on a Steelers Lanyard Clip Contact (757) 534-1073

Lost vehicle keys - Lost keys near Family Health Center the week of March 12. (757) 329-2358

**PETS**

Bird Mart: Raffle/Vendors/Food - Peninsula Caged Bird Society - April 28, 9 a.m. to 4 p.m. at Greek Orthodox Church. 60 Traverse Road. NN. (757) 897-4377

Full German Rottweiler puppies - German Rottweiler puppies. 6 puppies left micro chipped and have all shots. \$800. \$300 deposit. (440) 537-1298

Baby Hedgehogs - Newborn hedgehogs. Ready to go home in 4 weeks. Fun family pocket pet. \$150 each. (757) 705-4602