



Peter Precht, optician for Walman Optical, fits prescription safety glasses on Susan Dewing (T54) during the prescription safety glass event kickoff March 15. Photo by John Whalen

Indiana Christening Scheduled for April 29

Newport News Shipbuilding will christen *Indiana* (SSN 789) on Saturday, April 29. Ship's Sponsor Diane Donald, wife of retired Admiral Kirkland Donald, will attend the ceremony along with other government officials. Plans for the event are still being finalized and the number of employee tickets that will be available is not yet known. As ceremony details are finalized, information regarding tickets will be cascaded to employees through *Currents*, the NNS to Go app and via the company's social media pages.

CONTINUED ON PG 3

New Prescription Safety Glass Program Kicks Off

Newport News Shipbuilding's Health and Safety Department kicked off its new onsite prescription safety glasses program last week. More than 30 employees visited two onsite locations, Bldg. 79 and the Supplemental Modular Outfitting Facility (SMOF), to purchase NNS-approved prescription safety glasses.

"Our goal is that every employee gets what they need, and kick-off week proved that we can accomplish that," said Joyce Weise, optician for Dr. Mitchell L. Corey, a partner with Walman Optical. "Everyone that came in was excited about us being at the shipyard and were really impressed with our prices. We even had one foreman come in on behalf of his crew of 50 employees – all in need of safety glasses. The foreman walked away very excited to tell the crew about us."

At each onsite location throughout kick-off week, opticians from Walman Optical, assisted employees with identifying appropriate frames and lens, ranging in wholesale prices starting as low as \$29.

"This is a great deal for getting the prescription PPE glasses," said **Romeo Bacus** (E83). "Normally, I would pay \$200 to \$400 dollars with an outside vendor, but I left today only spending \$29."

"This was very convenient and super easy for me and overall I had a great experience with my visit," said **Mike Stevens** (E82).

CONTINUED ON PG 3

NNS to Participate in Statewide Tornado Drill

Newport News Shipbuilding will participate in Tornado Preparedness Day in Virginia on Tuesday, March 21. On this day, all National Weather Service offices serving Virginia will issue a tornado drill warning.

The warning will be a tone-alert broadcast on NOAA Weather Radios that starts the coordinated statewide test of the Emergency Alert System. The test will be broadcast on TV, radio stations and cable systems.

To coincide with the statewide drill at 9:45 a.m. (first shift) and again at 6:45 p.m. (second shift), NNS will sound the shipyard whistle for three 30 second blasts at 30 second intervals and activate the electronic Send Word Now notification system for text and email messages only. Five minutes after the drill is over, the one minute "All Clear" whistle will be sounded, which will conclude the drill.

Read the Distribution A Memo on MyNNS for additional information.



MOE Nominations Due March 31

The company's Model of Excellence Program recognizes individuals and teams who have made extraordinary contributions to the company. Nominations may be submitted to division representatives using form NN 9134 (Rev. 12) through March 31. For additional information, visit the MOE website or contact **Yasmine Robinson** (O29) at 380-2428.

Manufacturing Division Gives Demonstrations to Local Students

In February, Newport News Shipbuilding's Manufacturing Division and Career Pathways teamed up to support career fairs at Crittenden and Eaton Middle Schools. During both events, NNS representatives provided middle school students with hands-on manufacturing demonstrations for welding, drilling and pipefitting. During the demonstrations, students competed to be the fastest team to assemble a small pipe, while others experienced working inside a containment box. A new forklift safety demonstration was also introduced, where students used a remote control forklift toy to move objects while avoiding obstacles. Students also learned the importance of PPE (personal protective equipment) that helps keep shipbuilders safe.

Michael Kinder (X15) has been a Career Pathways volunteer for the past four years. "I really enjoy working with the students because they are so excited to learn



Dwayne Carter (X11) demonstrates to a student how a welding shield is used as personal protective equipment to keep shipbuilders safe. Photo by **Ashley Major**

about the things that I do at the shipyard every day," said Kinder. "Their excitement and smiles remind me that my job is pretty awesome, and it's great to see that the company is encouraging the shipbuilders of the future."

Component Fabrication and Assembly Director **Aylin Robertson** said, "I was able to witness first-hand how great all of our volunteers did at representing NNS during these events. Their energy, creativity, and engagement with the children was a sight to behold."

Five Shipbuilders Recognized as "American Red Cross Heroes"

On March 16, Shipbuilders **Debbie Boyd** (E56), **Bobby DiFernando** (E83), **Don Hayden** (E25), **Steve Hoppe** (E46) and **Jamice Westfall** (E18) were recognized as "American Red Cross Heroes" by Newport News Shipbuilding's Corporate Citizenship and Government Relations Office and representatives from the Red Cross. The five employees were recognized for either donating blood or for coordination of bloodmobile visits to the shipyard over the years. During the recognition event, each employee was pinned as a "hero" and was presented with a certificate of appreciation.

Bobby DiFernando (E83) was recognized for donating 15 gallons of blood over the past 20 years. "I learned years ago that my blood type is unique and is actually used for newborns and premature babies when they need to have surgery," said DiFernando. "Knowing this has motivated me to continue to give blood each year."

Don Hayden (E25) was recognized for donating 20 gallons of blood over the past 35 years. "It's an easy way to help and it's something my father always did, and he is someone who I've always wanted to emulate," said Hayden.

Steve Hoppe (E46) was recognized for donating 10 gallons of blood over the last 15 years. "Back in college, just a free donut would motivate me to give blood," said Hoppe. "While at the shipyard, I overheard a young woman say that she was donating her blood to honor the 911 victims. This event caused me to reconsider my motivation and I have been donating regularly ever since."

Debbie Boyd (E56) was recognized for her long service as a bloodmobile coordinator at NNS for nine years. "I've enjoyed recruiting people to participate in the blood drive," said Boyd. "It's very rewarding knowing that I had a hand in helping to save so many lives."



NNS "American Red Cross Heroes" were pinned outside of Bldg. 520 on March 15. Pictured (L to R): front row: **Bobby DiFernando** (E83) and **Jamice Westfall** (E18); second row: **Steven Hoppe** (E46) and **Debbie Boyd** (E56); third row: **Don Hayden** (E25) and **Shannon Revels**, representative from The American Red Cross. Photo by **John Whalen**

Jamice Westfall (E18) was recognized for her long service as a bloodmobile coordinator at NNS for nine years. "My best friend who has struggled with cancer and relied on blood donations, has really been the motivator for me to be involved with the bloodmobile," said Westfall. "I also enjoy getting to meet new people at work who are so caring and giving."

Indiana Christening

CONTINUED FROM PG 1

Are You a Singer or Musician from Indiana?

The Communications Division is looking for an employee to sing or play the national anthem at the christening ceremony. Employees who can perform the national anthem on the cello, violin or harp are especially encouraged to submit their information. If you are interested, contact **Bryan Moore** (O29) via email as soon as possible. *All employees will be required to audition and singers should be prepared to sing A cappella.*

Interested in Volunteering?

Employees are needed to support the christening ceremony as ushers, site volunteers and parking attendants. If you are interested in volunteering for this event, please send an email to Communications@hii-nns.com with your name and first shift contact information. Contact **Lauren Shuck** (O29) at 380-4622 for questions.

First Tickets Will Be Offered to Employees Denied Access to Presidential Visit

The company is aware that approximately 150 employees (with tickets) were denied access to President Trump's remarks aboard *Gerald R. Ford* (CVN 78) on March 2. From the company's understanding, the decision to discontinue access to the aircraft carrier was made by the ship's fire warden based on safety. We apologize for this, and would like to offer these employees two tickets to the *Indiana* Christening Ceremony on April 29.

If you are one of these employees, click here to send an email to **Yasmine Robinson** (O29) by 4 p.m. on Wednesday, March 29. In the email, include your name, PERN, supervisor's name, department and a phone number that you can be reached on first shift. Employees without computer access can send this information via Yardmail to Communications (O29) in Bldg. 520-1. For questions, contact Yasmine at 380-2428. *Note: Supervisors of these employees will be asked to verify that the employee requesting tickets was turned away from the Presidential visit on March 2.*



Recognizing Trailblazing Women

The national theme for Women's History Month is "Honoring Trailblazing Women in Labor and Business." To coincide with this year's theme, the shipyard is recognizing three trailblazing female shipbuilders at Newport News Shipbuilding. For the remaining weeks in March, one of the three women will be featured in *Currents* each week.

Mabel Harris (X18) is the first woman at NNS to be qualified as a nuclear pipe welder. Harris began her career in 1977 as a shipfitter and worked six months before being promoted to a crane operator. Ironically, during Harris' time in the crane, she acquired an interest in welding. So when Harris' department asked for

volunteers interested in learning how to weld, she was the first to raise her hand.

"It didn't take me long to realize the vast differences between welding and operating a crane," she said. "However, I'm a perfectionist, so the challenge of fusing two pieces of metal together without a flaw was very fitting."

Harris spent the next 20 years as a structural welder during the day and a home school teacher at night. "Those years definitely tested my strength. Every day, I woke up at 3 a.m., rode a van two hours to work, welded all day, carpoled back home to assist with homework, worked on lesson plans and graded papers."

Though Harris' life was hectic, she managed to continue to perfect her welding skills. She eventually moved on to pipe welding and became the company's first female to hold nuclear pipe welding qualifications. In 2010, Harris accomplished another career first when she became the first woman to be inducted into the "Top Gun" welding club, Component Fabrication and Assembly's (CFA) most elite group of welders.

Harris' advice to other shipbuilders is featured on her poster. "Never limit yourself. Never not dream. I may be a first, but I'm definitely not the last."

[Click here to view or print the Women's History Month poster featuring Mabel.](#)

New Onsite Prescription Safety Glass Program

CONTINUED FROM PG 1

"I've been looking for prescription safety glasses for a while, but there are not a lot of options in the area," said **Earl Goodrich Jr.** (E81). "This gives employees a wonderful opportunity to purchase a pair of glasses that we know are NNS-approved, and what's even better is that they are affordable."

Opticians will continue to be available on the first and third Wednesday and Thursday of each month from 6 a.m. to 8 a.m. and 2:30 p.m. to 4:30 p.m. in Bldg. 79-1 (conference room) and Bldg. 4900 (conference room, shop floor/between Bays 6 and 7). On the second and fourth Wednesday and Thursday of each month, opticians will be available from 6 a.m. to 8 a.m. and 2:30 p.m. to 4:30 p.m. in Bldg. 1904 (North Yard Buffer Zone, across from Bldg. 1872-CMOF) and Bldg. 1865-CMAF (first floor on the north side).

To purchase glasses, employees should bring proper identification (valid driver's license or a company badge), current eyeglass prescription from an eye care provider and a form of payment (check or credit card only). *No cash payments will be accepted.* Safety glass orders are expected to have a two-week turnaround time. For questions, contact **Brittany Dorsey** (O27) at 688-6077.

Celebrating One Year of Great Care and Services for only \$15 per visit.

HII Family Health Center

4500 Washington Avenue
Newport News, Virginia

H Huntington
Ingalls
Industries

**- Stephanie White, Recruiter
Newport News Shipbuilding**

Celebrating One Year of Quality Healthcare

The HII Family Health Center celebrated its one-year anniversary Sunday, March 19. During its first year, the center achieved 98 percent satisfaction and 99 percent provider recommendation ratings. The health center providers and staff are dedicated to providing shipbuilders another year of quality healthcare.

Here's what some shipbuilders have to say about the health center:

Moore Vaughn, project management analyst: "Every employee we have encountered has been warm and welcoming,

just what you need when you aren't feeling well."

Dale Cowell, superintendent: "The ease of getting an appointment online is great. Health centers at the site of the workers is something that should have been done a long time ago, it is great and the care given is top-notch."

Kim Myers, administrative assistant: "I have been very impressed with the care given by the HII Family Health Center. Thank you all for being a caring medical staff, from the doctors to the front desk."

Look for a commemorative billboard on I-664 and a print ad in the *Daily Press* and *The Virginian Pilot* on March 20 featuring NNS Recruiter **Stephanie White**, who received quality care at the health center.

Employees eligible to use the health center can schedule an appointment by calling 327-4200; online by visiting: www.myquadmedical.com/hii; or by using a smartphone using the MyQuadMed mobile app.

Shipbuilder Provides Insight for TCC and ODU Cybersecurity Degree Articulation Agreement

On Feb. 8, an articulation agreement for a bachelor's degree in cybersecurity was signed by the presidents of Tidewater Community College (TCC) and Old Dominion University (ODU).

Shipbuilder Dr. **Gregory Braxton** (E44) participated as an industry representative to the Hampton Roads Cybersecurity Education, Workforce, and Economic Development Alliance (HRCyber) and the National Institute of Standards and Technology (NIST). Dr. Braxton provided information and insight into cybersecurity and the skills needed by employers throughout various industries.

As a result, TCC and ODU were able to map their cybersecurity programs in a way that

allows students to transfer their associate of applied science (AAS) degrees to ODU in pursuit of a bachelor degree in cybersecurity in 121-124 credit hours, saving students nearly 50 credit hours (or roughly 1.5 years as a full-time student).

"Company networks and data are under constant attack," said Braxton. "In order for students to become better prepared to address the challenges associated with these attacks, he or she must first acquire the skills and cybersecurity mindset that are vital in preserving the confidentiality, integrity and availability of these critical organizational assets. The objective of this project was to create a degree program that is cost and time effective as an enticement for students into this growing



Dr. **Gregory Braxton** (E44), left, and Virginia Governor Virginia Governor Terry McAuliffe.

field in Hampton Roads and Newport News Shipbuilding too."

AROUND THE YARD

WiSE to Host Women's History Month Event Thursday

Women in Shipbuilding Enterprise (WiSE) will host a Women's History Month event at VASCIC (2 West) from 4:30 p.m. to 6 p.m. on Thursday, March 23. **Mary Cullen**, vice president of Nuclear Propulsion, will be the guest speaker. View the flier for more information or contact **Heather Smith** (X75/K74) at 534-2448.

Interested in FREE Tickets to the Virginia Arts Festival?

As a sponsor of the 2017 Virginia Arts Festival, Newport News Shipbuilding has received a variety of free tickets to events included in this year's festival. Events will be held in April, May and June.

To distribute tickets, NNS will hold a drawing on April 3 for employees. As employee names are drawn, the selected employee will be contacted for a chance to win two tickets to a show of their choice (if available).

Employees interested in entering their name into the drawing should send an email to **Judy Fundak** (K18) with their name, PERN, department and a phone number where they can be reached on first shift by Friday, March 31. For questions, contact Judy at 380-3011.

Visit www.vafest.org to view the schedule of events included in this year's festival.

L.E.A.R.N. to Host After Work Event March 28

L.E.A.R.N. will host an after-work event with **Ray Bagley**, vice president of Trades Operations, in Bldg. 520-6 from 4:30 p.m. to 6:00 p.m. on March 28. Bagley will give a presentation on The Apprentice School. The event is open to all employees by reservation only. Prizes and refreshments will follow the presentation. To sign up, visit the L.E.A.R.N. website. For questions, contact **Tanika Davis** (O24) at 688-7916.

STRIDE to Host "A Night of Laser Tag" this Friday

STRIDE (Shipbuilders Together Realizing Inclusion, Diversity, and Equality) will host "A Night of Laser Tag" at 7 p.m. Friday, March 24 at the Laser Quest in Virginia Beach. Sessions are \$9.50 per person and the event is open to all shipbuilders, family and friends. For more information, contact STRIDE Social Directors **Femi Audifferen** (X89) at 688-3843 and **Paul England** (X84) at 534-3062.

Career Pathways Contest Deadline Has Been Extended

Career Pathways is seeking new tools and challenges to educate and engage students across Hampton Roads through the "New Tools for the Next Class" Contest. The goal of the contest is to find news ways to engage and inspire the next generation of shipbuilders. There are three categories within the contest:

- Create a Coloring Book
- Create a Storybook
- Engineering and Design Challenge

Employees are eligible to submit entries for each contest on their own time and from a home computer. Career Pathways understands that some participants have had trouble uploading their submissions to the dropbox link at www.newtoolsnextclass.com. *The link has been fixed and the deadline to submit entries has been extended through April 14.*



NNS 5K is Saturday, May 20; Register Today

Join fellow shipbuilders, family and friends at 9 a.m. on Saturday, May 20 for the 10th Annual NNS 5K at Victory Landing Park.

The run/walk event is family-friendly. Cost is \$10 for adults and \$7 for children (ages 12 and under). Visit the NNS 5K website at www.huntingtoningalls.com/5k to view additional details and to register.

Be sure to reserve your spot before April 21 to be guaranteed a T-shirt. Have questions? Send an email to werun@hii-nns.com.

Looking for an extra push to get you ready for the NNS 5K?

Join Shipbuilder **Stanley Bryant** (O41) every Wednesday at 6 p.m. for "Burn and Brew" at Traditions Brewing Company in City Center. All employees and all levels of runners are welcome to attend. Groups will be walking, jogging and running around the City Center loop.

SEEKING LEADERS

Visit www.buildyourcareer.com for more information on how you can build your career with NNS.

Job Title	Req Number	Dept.	Location
Chief Info Security Officer	16374BR	N356	Newport News
Foreman	17024BR	X73	Newport News
Mgr Enterprise Architecture 3	15625BR	T56	Newport News
Mgr Cyber Assurance Group	16944BR	T51	Newport News
Mgr Business Management 3	16837BR	T52	Newport News
Mgr Business Management 3/iDS	17064BR	O75	Newport News
Mgr Radiation Safety 1	1699BR	E85	Newport News
Supvr Test Inspection 1	16085BR	O96	Ballston Spa
Foreman - VCS (2nd Shift)	17086BR	X10	Newport News
Foreman - Refueling	17024BR	X73	Newport News
Foreman	17090BR	X79/X11	Newport News
Foreman - Craft Instructor	17087BR	O22/X32	Newport News
Foreman - Craft Instructor	17088BR	O22/X42	Newport News
Director Prod Planning Sched 2	1710rBR	X57	Newport News

DATEBOOK

MARCH 21

Attend the Veteran's Benefits Awareness Series from 4:30 p.m. to 6 p.m. at The Apprentice School (Alumni Room). The series will provide information about veteran benefits, education and employment, Veterans Care Centers, Veterans Memorial Cemeteries, Virginia Veteran and Family Support, Virginia War Memorial, and Virginia Disability Claims. RSVP is not required. Contact **Marcia Stewart-Downing** (O36) at 688-2152 for questions or additional information.

MARCH 21 & 23

The Spear and Gear Toastmasters Club will host a meeting from 4:30 p.m. to 5:30 p.m. at The Apprentice School (2nd floor Conference Room). The event is open to all employees and no RSVP is required. The event will provide a forum for employees to learn how to become more effective communicators and leaders. For more information, contact **Jason Paquette** (E83) at 534-2770.

APRIL 4

Back by popular demand, Hispanic Outreach Leadership Alliance (HOLA) will host another speed mentoring event from 4:30 p.m. to 6 p.m. in Bldg. 520-6 (James River Room). This mentoring event provides employees the opportunity to share and receive advice from company leadership. Mentoring sessions will occur in 10 minute intervals, with attendees moving from one mentor to another. RSVP is required. To sign up, contact contact **Eric Olsen** (X27) at 688-1868 or via email.

APRIL 7

The Progressive Club is hosting their 2017 "Cabin Fever Golf Tournament" at Sleepy Hole Golf Club. The tournament is a four-person, captain's choice. Entry fees include the "Team Mulligan Package." For more information, view the flier or contact **Kenny McBurney** (X91) at 813-7246.

APRIL 21

The Apprentice Alumni Association (AAA) will host the annual Apprentice Alumni Spring Golf Tournament at Williamsburg National Golf Club. The cost is \$75 per golfer and the price includes: green fee, 18-hole cart fee, tournament prizes, food (Chicken, BBQ, etc.) and unlimited range balls (one hour prior to start). Contact **Fred Peedle** (E51) at 688-6682 or visit www.nnapprentice.com/alumni/news.htm for more information.

MAY 20

The 10th Annual NNS 5K Fun Run/Walk will be held Saturday, May 20 at 9 a.m. at Victory Landing Park. This is a fun run/walk and will not be officially timed. Visit www.huntingtoningalls.com/5k to register today!

MAY 20

Newport News Shipbuilding's Submarine Program will hold its annual Golf Classic at Cypress Creek Golf Course. The tournament is a four-person, captain's-choice format. For more information, contact **Johnny Mintz** (X67) at 880-8965.

JUNE 2

Reactor Services will host its Summer Golf Classic at Sleepy Hole Golf Course in Suffolk on June 2. The event will have a shotgun start at 1 p.m. with registration beginning at noon. Cost is \$75 per golfer, which includes green fee, cart, unlimited range balls, tournament fee and post tournament dinner. To RSVP contact **BJ Maben** (X73) at 380-3957 or **Gail Sawyer** (X73) at 534-0588 by May 19. *Make checks payable to Kyra Kimmeth.*

NNS SAFETY REPORT

* Compared to figures from February 2016



Editor: Lauren Shuck
 Currents@hii-nns.com
 (757) 380-4622

Currents is published every Monday for employees of Newport News Shipbuilding.

To submit a story or classified ad, visit nns.huntingtoningalls.com/currents. For classified ads, the deadline for submissions is 4 p.m. each Thursday for publication the following week.

Get News. Give Feedback.
 Follow Huntington Ingalls Industries:



EMPLOYEE CLASSIFIEDS



AUDIO/VIDEO

DJ- 10 years, customized playlists suited for any event, lighting effects and photo. (757) 869-1876

AUTO

2001 Lexus GS 2000 wrecked- Parts vehicle. Front bumper and radiator wrecked – engine and body parts in good shape. \$600. (757) 810-4518

2014 H-D Dyna Wide Glid- Under 5k miles on 103CI motor w/ ABS. Is in excellent condition with services done at HRHD \$10.5K. (757) 771-5540

Honda CRV- Dark Blue Honda EX CRV AWD 124K Great car for work/school \$6,500 text for pics. (757) 812-5308

2000 Mercury Cougar- 4cyl 5spd good for work or learning to drive stick. Needs some work. \$600 OBO text 8am-1pm for info. (757) 969-7971

2013 - Dodge Durango- Like New Runs great Low miles Lots of Feature Extended warranty Neg. (518) 470-4650

2003 Honda Accord- Silver, Leather Seats, V6, 170K miles, well maintained \$4,500. (757) 544-3246

2002 4-Runner- Great shape. New tires, brakes. 199K miles, solid truck. \$4800. (804) 815-6710

2008 Honda Element- Dependable truck. It has 183K, a/c is great. \$5,200. a good deal. (757) 647-1481

2004-08 F150 5.4 V8 Headers- Stainless steel. Brand new. I can send pictures. Asking \$250. obo. (757) 297-5687

1996 Chevy Impala SS- 122,000 miles clean interior. runs great. asking \$5,500 firm. new Goodrich tires, MSD performance parts and K&M intake system. (757) 813-2184

Auto Cont.

2006 H-D Sportster 883R- <5,100 miles, great condition, garage kept, carbureted, clubman bars. \$4,500 OBO. (757) 810-3668

2007 Yamaha R1- Excellent Condition, 9,300 miles, New Tires, Fully Adjustable Rear Sets, Solo Seat, Must See. (716) 597-8759

2007 Harley Deluxe- Chromed-out, <7 miles, like new, 12k OBO, HD soft tail. Custom PT Job, must see to appreciate! (757) 365-9694

1999 Jeep Wrangler- Good condition. 172k mi. 2 year old soft top. All black. 4cyl/5sp man., 2 inch lift. Asking \$5,400. (757) 788-1990

2001 HD Sportster Bobber- Many new parts and sidebag, clean title in hand, 13,000 miles, daily driver to yard; text (757) 816-3085

1987 Jeep YJ Soft Top- As-is not running: ignition issue. excellent body, 6cyl auto, big wheels, winch, \$3,500 or best offer. (757) 675-5476

1998 Dodge Durango- SLT 4WD white with gray interior, GC, loud mufflers, 140k miles. Can text picture. \$3K. (757) 818-1488

BOAT & MARINE SUPPLY

J/24 24' Sailboat- 1979 performance w/ original deck layout. Great to learn- cruise- day sail- race. \$3,100. (757) 810-4518

Humminbird 899 SI / DI GPS- Excellent condition. Ready to mount on trolling motor. (757) 570-3122

2003 Prosports 2550 WA w/ 225HP- Yamaha 4 strk 578Hrs Trailer Portapotti BiminiTop Sink GC NADA is \$21-23K Asking \$18K or Make Offer. (757) 763-9076

Fully Overhauled Boat for Sale- 26 ft. Galaxy with cubie. Inboard Motor. Runs great and is ready for Summer. Comes with trailer. Asking \$5K OBO. (757) 353-5746

FURNISHINGS & APPLIANCES

Living Room- Sofa, wing chair, coffee and end tables, lamps. Exc cond. \$400 neg. Text for pics. (757) 876-0457

Night Stand- Antique nightstand on iron casters w/book shelf & doors, hand carved pulls, marble top \$350. (757) 812-9763

Living Room Couch- Modern L-Shaped 3 pc sectional couch 9'8 x 7'4 dark Olive fabric very good condition \$350. (757) 812-9763

Kitchen Canisters- 3 Glass Canisters w/wire handles 10" and 14" tall \$35. (757) 812-9763

Floor Wine Rack- 72" tall dark wine bottle tower 12 compartments, slotted glass holders & drawer \$90. (757) 812-9763

Cherry Set - Stickley Cherry Bedroom set Queen canopy bed, triple 10 drawer dresser, mirror and armoire \$3,200. (757) 812-9763

Washer for sale- Kenmore white top load washer, Good working condition, \$75. Will text pics. (757) 506-6567

Couch and Loveseat- 3 year old fabric cream colored couch and loveseat for sale. \$250 OBO. Call for pics. (757) 869-4312

Bedroom Furniture- Queen size postal bed w/micro-suede headboard, two nightstands and dresser w/mirror. \$850/negotiable. (757) 602-3465

Kids Furniture- Light wood twin size captain bed; accented with blue trimming and 2 drawers underneath. \$250/ nego. (757) 602-3465

Frigidaire Range- Frigidaire Range, 4 yrs old, off-white, like new, rarely used. Text for pictures. \$150 (757) 369-5223

Washer and Dryer- Large whirlpool washer/kenmoore elite dryer. good cond. white, must pick up. text pics \$150. (757) 846-8357

Furn. & Appl. Cont.

Entertainment Armoire- VGC. Honey pine finish. Decorative scrollwork. Adjustable shelves. \$125. Can text picture. (757) 818-1488

Pleather Loveseat- White. Can text picture. \$50. (757) 818-1488

Antique Piano Stool- Ball and claw feet. VGC. \$175. Can text picture. (757) 818-1488

HOBBIES

Financial Planning- Plan for your future. Financial planning consultations and financial education seminars. Licensed. (757) 218-7177

Omega Planet Ocean Watch- Omega timepiece - Steel w/ black face and 45.5mm bezel. Box and cards incl. Pics available. \$3,900. (757) 705-5235

Excercise- PRO Form XP70 Exercise Bike Great Shape, programmable for stages/resistance. \$100 can send pic. (757) 570-8727

HTC Vive - \$500- HTC Vive virtual reality system. Includes headset, controllers, and all standard parts. (301) 455-2406

Punching Bag / Gloves- \$40 OBO - Everlast Punching Bag and Gloves. Used once. Nice. Call or text for pics. (757) 814-9377

Beer Brew Kit- \$60 - Includes full brewing and bottling supplies. Text or call for pics. (757) 814-9377

Guitar Classes - 1:1 Midtown NN treble and bass clef, notation reading call/txt:rates, class times, flexible scheduling. (757) 528-7017

Pentax Super A Program Camera- 35mm film SLR system. Included: camera, lenses, Tokina AT-X 28-85 1:3.4-4.5, filters; more \$75. (757) 272-7934

EMPLOYEE CLASSIFIEDS



IN APPRECIATION

X11 Retirement - Congrats Mom on 40 yrs. and your retirement this month. We appreciate you dearly.

MISCELLANEOUS

Childcare- M-F, 1st/2nd shift available, FT/PT, CPR and First Aid Certified, smoke and pet free, Foxhill area. (757) 869-1876

Firewood for Sale- Oak Split Firewood For Sale \$150/cord; Half cord \$75. (757) 715-5460

Ladies Boots- Black leather ankle boots size 9 side zipper classic look like new \$10. (757) 812-9763

Ladies Jacket- Leather jacket Black size 12 w/hidden front zipper \$55. (757) 812-9763

Western Book- Lone Ranger "The Mystery Ranch" hard cover book 1950's w/dust cover \$15. (757) 812-9763

Vinyl Records- 60's record albums Rolling Stones, Creedence Clearwater Revival, Woodstock \$55 for all. (757) 812-9763

Landscaping- licensed and ins. Includes cleanups, tree trimming, mowing, planting, mulch and more. give us a call. (757) 525-0259

A/C Service- Hot weather will be here soon have your A/C serviced, cleaned and tuned up for optimum cooling. (757) 771-3441

Strollers- Schwinn Jogging Stroller & Eddie Bauer stroller. Both in good cond. \$60 pair \$40 ea. txt for pics. (757) 876-5059

Local Honey- Fresh from the hives in Suffolk, Great for allergies, unfiltered, unpasteurized \$12 per 1lb jar text. (757) 617-2827

Misc. Cont.

Portable Basketball Hoop- Spalding \$125 For Pics text (757) 630-2267

Computer Repair- PC/Laptop, Repair Services, Virus Removal, Install Operating Systems. \$85 + Parts. (757) 329-6761

Exercise Equip- Ellipticals \$50 to \$225, Exercise bikes \$45 to \$230, Treadmills \$115 to \$299, Air steppers \$55. (757) 218-2946

Items - Electric shopper cart amigo new price \$2,500 sell for \$475, 5-gallon bucket laundry detergent \$35. (757) 218-2946

Items - Microwaves \$35 and up, Patio sets \$85 to \$199, Vacuums \$45 and up, Carpet shampooers \$65 and up. (757) 218-2946

General Home Cleaning- Free estimates. Special occasion cleaning welcomed. Licensed and insured. (757) 371-3904

Pest Terminator- Pesty mice/ Rat probs. Moisture/termite control, real estate letters, crawl space repairs, Poly. (757) 873-4999

Cell Phone LG VX4650 No Camera- w/black leather case and belt clip. Wall/car chargers, wired in-ear. \$35. (757) 272-7934

Home Improvements- Superior service and high quality craftsmanship. Licensed and Insured. Call (757) 570-4350

Wickless Candles- Warmers, wax, sprays, oils and more. Ask about my monthly specials. Makes a perfect gift for anyone. (757) 771-9237

Hybrid Bicycle- Manufactured by Giant. Arm rests for long rides, saddlebags. Can text picture. \$200. (757) 818-1488

Exercise Equipment- LifeSpan spin-style stationary bike. EC. LN. Can text photo. \$100. (757) 818-1488

2011 Palomino Yearling Pop-Up- A/C, heat, fridge, gas stove, sleeps six. Can be towed with small truck or SUV. \$4,600. (757) 725-1316

REAL ESTATE

House for Sale or Rent- 2br/1.5 bath; 1,000 sf., cen. HVAC, new unit, painted, carpet, tile, w/d hkup, 1132 22nd St., \$49k or \$700/month (757) 572-7062

Home for Rent- One Bedroom, One Bath cozy cottage for rent. Central Heat and AC. Near CNU. No pets. \$650/month. (757) 715-5460

House for Rent- Deep Creek Road, NN. 1,272 square feet, 2+ bedrooms, big two car detached garage. \$1,200 per month. (757) 930-0925

Time Share- For Sale in the Berkshire, MA. 2B Wk 48 odd year Near Ski Outlet Mall Theater Rest etc. (518) 470-4650

Home for Rent - 3BR 1.5 bth AC/ Heat on cul-de-sac Close to NNS \$1,000 a month 1yr lease rq No Pets (757) 874-4865

Home for Sale- 3 br 1 bth new appl, cabinets & flr. priv fenced yard shed w/pwr, great first home, farmington area. (757) 532-5690

Townhouse for Rent- 1BdRm + loft, 1,560 sqft., two full baths, two story, two walk-in closets, balcony, sky lights, all appliances, two parks. (757) 927-9276

Apt. for Rent- Wythe area, LR/BR/Kit/BA, 2nd Flr, basic furn., quiet resd. Area no pets/smoke, \$700/mon., incl. most util. (757) 723-8901

Rooms for Rent- Located near Patrick Henry Mall. Super quiet neighborhood. \$500/month w/utilities and free Wi-Fi call/txt. (757) 303-8123

Home for Sale- 3bed/2.5 bath, updated kit/bathrms, private bkyd, gar. and shed, hdwd firs, new appl, Hidenwood NN. (757) 871-4845

3BR/2BA Brick Rancher- Beautiful brick rancher with lots of upgrades in desirable Elizabeth Lakes off Fox Hill Rd Hpt 23669. (757) 749-3146

Real Estate Cont.

Lots For Sale- Two 1/2 acre lots for sale on tidal canal in Gloucester. Call for more details. (757) 641-4994

3BR/2BA Brick Rancher FSBO- Beautiful brick rancher off Fox Hill Rd. 5 min to LAFB, 10 to NNS. Upgraded kitchen/BA, large yard. (757) 329-2361

House for Sale- NN Colony Pines. 1,857 sq ft., 4br, 2.5BTH, LR, DR, FR, KT, FNCD YRD-Call for details. (757) 739-1344

Townhouse Yorktown- 2 bdrm-1.5 ba. Avail. 5-15 New Bathrms, floors and paint \$1,200/mo with One yr lease. (757) 869-7675

For Rent- Floating Cottage at Whitehouse Cove in Poquoson. Great sunrise and sunset. Get away- Spoil yourself. (757) 298-1733

Beach House for Rent- 3 Bdrm, 1-1/2 Bth on Beach Rd, Kitty Hawk, \$950/weekly \$100 Deposit. (757) 846-1036

Home for Sale- Poquoson, completely updated brick rancher. 3BR, 1.5 BA, garage, boat slip in back yard. (757) 871-9811

Apartment for Rent- 1 large Bed with master bath, remodeled Ikea kitchen, \$1,200/month, includes utilities, Hampton, Riverdale. One mile from Langley. (757) 344-1999.

WANTED

Van Riders - HRT van Va. Beach to NNS daily 1st shift, leave from Diamond Springs Rd. call Mack. (757) 450-6740

Riders Needed- Van leaving from Belvidere Nc, Chowan, Gates County (Hwy32) and down town Suffolk to NNS 1st shift. (252) 619-4166

Crate for Large Dog- Want to buy an inexpensive gently used crate for a large dog. Must be clean. Pickup on Peninsula. (757) 595-6168

Yard Sale- 3/18 - 206 23rd St, NN 8am - 1pm - Lots of clothing, home & office items. Prices are negotiable. (757) 285-3605