



Shipbuilders Participate in 10th Annual NNS 5K

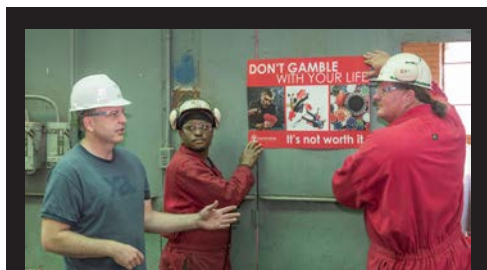
More than 1,000 participants took part in the 10th annual NNS 5K on Saturday, May 20. The annual event is held to promote health and fitness for the entire family. The race began at Victory Landing Park near the Virginia Advanced Shipbuilding and Carrier Integration Center (VASCIC) and continued north on West Avenue to 35th Street. From 35th Street, participants crossed over to Washington Avenue and proceeded north to 50th Street before returning to cross the finish line at Victory Landing Park.

Photo by John Whalen

Matt Needy, vice president of Virginia-Class Submarine Program and Fleet Services, was the executive sponsor for this year's event. Needy kicked off the race by welcoming participants to Newport News Shipbuilding and wished them a successful race.

Deloris Saunders (X31) has been a participant in the NNS 5K for the past 10 years. "I had a great time on Saturday," said Saunders. "It's really nice to see all of your friends and co-workers having..."

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EH&S Kicks Off "Don't Gamble with Your Life" Safety Campaign

Following the company's first annual Workers' Memorial event on April 28, Environmental Health and Safety (EH&S) kicked off a new awareness campaign themed, "Don't Gamble with Your Life." The goal of the campaign is to increase awareness about safety hazards particularly those that can cause severe injury or death if appropriate precautions are not taken and rules are not followed.

The campaign focuses on working from elevated heights, working in confined spaces, and controlling hazardous energy; the three most hazardous jobs in the shipyard with the most risk. These particular jobs are the focus of the campaign because one misstep or shortcut can lead to severe injury or fatality. When it comes to safety, it is not worth it to gamble with your life.

"Newport News Shipbuilding has a very strong safety program and we continue to reduce injuries. Our employees, who are the key to our successful program, have provided great input to our new Safety Improvement Program developing ergonomic and other safety improvements for their worksites," said EH&S Director **Dru Branche**. "We've demonstrated that we can reduce injuries through intensive effort, but there is still a lot to be done. It is vital that each and every employee is vigilant and aware of their surroundings each and every day."



Pictured (L to R): Shipbuilders Jon Pitts (O27), Gregory Cook (X11) and Willie Clark (X11) hang a safety poster. Photo by Matt Hildreth

Hundreds of posters and banners referencing the campaign have already been hung throughout the shipyard. In June, NNS will recognize National Safe and Sound Week, a nationwide event that aims to raise awareness about the value of safety and health programs and a systematic approach to finding and fixing hazards in workplaces. During the week, EH&S will distribute giveaways to craftsmen and craftswomen. The division will also publish communications about the campaign in *Currents*, "Take 5's" and release a video.

"The posters are unlike any other signs in our work area," said **Ron Whiteman** (X11). "Because they stand out, my team and I plan on posting these signs in the most hazardous areas of X10 north, as well as nearby tool rooms and metal shacks. We hope these posters are a good reminder not to take unnecessary risks. A reminder of the value we put on our lives, compared to the risks we are willing to take with it. Don't gamble with your life, it's not worth it."

Campaign Co-lead **Brittany Dorsey** (O27) added, "The safety message that goes with this campaign is extremely important for all shipbuilders – whether they work in a production area or not. It is critical that we have each other's backs and look out for one another. Overall, being able to step in, stop, and report all hazards is the culture we need to embrace."

Shipyard Photos on Display at the Chrysler Museum

On May 18, the Chrysler Museum held a grand opening for the photo exhibition, "Glen McClure: Shipyard Workers of Hampton Roads." Glen McClure is a Norfolk-based photographer, who spent years documenting shipbuilders at shipyards throughout Hampton Roads. Three Newport News Shipbuilding employees are featured in the Chrysler Museum exhibition: **Herman Mayfield** (A572), **Christopher Murrell** (X18) and **Paul Condron Jr.** (X10). The exhibit will be open through July 2017.



Guests view portraits of NNS shipbuilders on display at the Chrysler Museum. The photo exhibit will be open through July 2017.

Additional NNS shipbuilders will be featured in three other exhibits around Hampton Roads this summer. June 2 through Aug. 6 at The

Portsmouth Art and Cultural Center, June 3-25 at The Peninsula Fine Arts Center and June 25 through Aug. 13 at The Charles H. Taylor Art Center.

NNS Receives "Health Champion" Award

Newport News Shipbuilding received a "Health Champion" designation from the American Diabetes Association on May 18. The designation recognizes companies that inspire and encourage organizational well-being and are part of the association's "Wellness Lives Here" initiative. To become a Health Champion, organizations must meet healthy living criteria in three different areas: nutrition and weight management, physical activity, and organizational well-being.

"Our employees are our greatest assets, and we want them to live healthier and less-stressful lives," said **Susan Jacobs**, vice president of Human Resources and Administration. "In order to help our employees, we have taken a holistic approach to ensure that our workforce and their families have access to the tools, information and education they need to help them make healthy lifestyle choices."

In 2014, HII launched a major benefits and wellness initiative designed to provide its employees with health and wellness options beyond primary care physician visits. Part of this initiative involved opening HII Family Health centers at Newport News and Ingalls Shipbuilding. The centers are operated by QuadMed, a third-party vendor, and are available to eligible employees and their dependents. These employees and dependents also have access to Teladoc, a telemedicine program that allows patients to talk to board-certified physicians via telephone, mobile app or computer. Another aspect of the benefits and wellness initiative is HII's tobacco-free incentive program, which offers discounted health care rates for employees who do not use tobacco.

The company also offers an on-site wellness program to its employees that is operated by Interactive Health. The program provides



HII Benefits Manager Amy Iveson, right, and Interactive Health Program Coordinator Gabrielle Willis display a plaque designating Newport News Shipbuilding. Photo by Matt Hildreth

health screenings, healthy living learning opportunities and flu shots, and it facilitates company-wide physical challenges such as the annual NNS 5K Fun Run/Walk. More recently, HII initiated a financial wellness program that assists employees with financial evaluation, planning and budgeting.

Dependent Verification is Underway

All dependent verification materials are due by June 16, 2017.

Employees who need to verify dependents should have received a letter in the mail identifying who needs to be verified.

For details, visit UPoint on the Benefits Connect website, and click the "Dependent Verification" link.

ASIAN Hosts Asian-Pacific American Heritage Month Celebration

Last week, Newport News Shipbuilding's employee resource group ASIAN (Asian Shipbuilders Including All Nationalities) hosted an Asian-Pacific American Heritage Month Celebration at VASCIC. This year's theme was, "Unite Our Voices by Speaking Together" and featured keynote speaker Corporate Director of Strategic Planning **Julia Jones**.

During the event, Jones spoke to shipbuilders about obstacles she has faced as an Asian-Pacific American and provided "golden nuggets" of advice related to what she has learned throughout her career.

"I've always wanted to be the kind of leader that people seek to work for," said Jones. "I always strive to create a culture where people want to struggle together to accomplish things that not one person can do alone."

Following Jones' remarks, ASIAN members were invited to a social.

"It was great to come together as co-workers and friends to celebrate our nationalities," said ASIAN Member **Liza Carter** (E25). "Julia's message was very inspiring when she talked about glass or bamboo ceilings being breakable or not. She told us that if we find ourselves in a situation where we feel stuck with nowhere to go, that we should do something about it and always remember that the ceiling is breakable." For more information about becoming a member of ASIAN, contact



Shipbuilders in attendance at ASIAN's Asian-Pacific American Heritage Month Celebration on Monday, May 15. Photo by John Whalen

Brittany Pollock (O20) at 380-4792 or send an email to ASIAN_ERG@hii-nns.com.

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...fun together. I really appreciate all of the events and challenges that Interactive Health offers to employees throughout the year to motivate me to lose weight and eat healthy.”

Following the race, awards were presented to the top runners in each category. Winners from each category include:

Male

1. Stephen Chantry
2. Steven Voltz
3. Colin Meigs (E84)

Boys (12 and under):

1. Dyaln Hagen
2. Brody Pierson
3. Ian Moncada Palacios

Female

1. Kelsey Wheelock
2. Caroline Bauer
3. Amanda Tomlin

Girls (12 and under):

1. Karley Haskiell
2. Claire Bauer
3. Masha Pozdniakova

Two shipyard divisions were also presented with awards. The Information Technology Division was presented the "2017 Challenge Cup" for having the highest percentage of new participants, and the In-Service Carrier and Fleet Support Division was awarded the "Challenge Plaque" for having the most returning participants.

Watch a highlights video or view a photo slideshow of the event on MyNNS or the NNS to Go app.

Holiday Reminder: Memorial Day 2017

Newport News Shipbuilding will be closed on Monday, May 29, in observance of Memorial Day. Due to the nature of shipyard operations, it will be necessary for some employees to report to work on the holiday. *Supervisors will notify employees if they are required to work.*

Employee Steering the Way

Recently, Auditor **Mary Shaw** (N363) noticed that her benefits account with Aon Hewitt was credited \$500. Thanks to Shaw's prior role in benefits accounting, she recognized that a mistake had been made and immediately notified Huntington Ingalls Industries' Benefits Accounting Department. The department was able to fix the mistake quickly, however, not reporting the incident could have led to a negative impact on another employee's account.

To recognize Shaw's honesty and integrity, **Scott Stabler**, executive vice president of Internal Audit, presented Shaw with a Level 1 Ethics Award May 3.

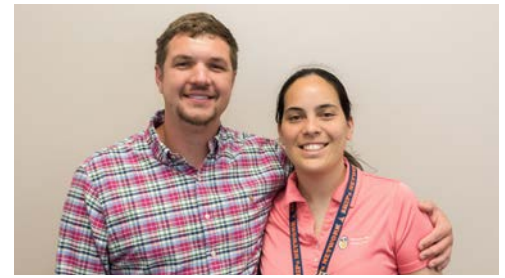
"It's always fun to surprise a team member with an award like this," said Stabler. "Mary did what she thought was right, without any expectation for recognition or reward, and we are proud to have her on the Internal



Scott Stabler, executive vice president of Internal Audit, right, presents Mary Shaw (N363) with a Level 1 Ethics Award. Photo by Ashley Major

Audit team. I'm also thankful that her co-worker, **Kim Mingee** (N365) witnessed this selfless act and nominated her."

To nominate a fellow employee for an On-the-Spot Ethics Award, visit the EEO, Ethics and Compliance website or contact **Catrina Hagwood** (O18) at 688-1907.



Thomas Herrera (E86), left, and Jennifer Ramirez Araquas (E63). Photo by Matt Hildreth

Recognizing Employees for Encouraging Referrals

Talent Acquisition would like to remind employees about the company's new and improved "Recognizing Employees For Encouraging Referrals" (REFER) program. Employees that participate in the program could be awarded an NNS backpack, \$50 of company store merchandise, or a cash bonus award for select hard to fill positions.

Jennifer Ramirez Araquas (E63) received a cash bonus award after referring **Thomas Herrera** (E86) who was hired as an electrical engineer.

"Thomas and I went to Florida International University together and stayed in contact after graduation. When I heard the company was looking for engineers I mentioned it to him and he was very interested in moving here," said Araquas. "The REFER process was easy to complete. I would definitely recommend for other employees to participate."

Additionally, **Jay Boyd** (X09) at NNS' Kesselring site was the winner of the NNS backpack drawing for April 2017. Visit www.huntingtoningalls.com/careers/refer-a-friend for additional information.

National 529 College Savings Plan Day is May 29

Whether you are paying for yourself or a child, higher education costs can be daunting. To tackle these costs, consider the 529 College Savings Plan, the education savings plan designed to help families set aside money for future college costs. Monday, May 29 is National 529 College Savings Plan Day. Take the time to research the 529 plan and see if it can help with your college planning. For additional information, visit the government's National 529 College Savings Plan website.

AROUND THE YARD

Employee Town Halls Scheduled for June 2017

Newport News Shipbuilding President **Matt Mulherin** and President-Elect **Jennifer Boykin** will host a series of employee town halls beginning June 1. At each town hall, Mulherin and Boykin will discuss their leadership transfer and business strategy for the future, followed by a question and answer session.

Eight town halls will be held at NNS and additional sessions will be held for employees working offsite. Information about which session employees should attend, location and dates will be cascaded down through leadership in the coming week. Information will also be published in *Currents*, on MyNNS, the NNS to Go app and HII's Facebook page.



Windows 10 Deployment is Underway

The Information Technology Division is currently in the process of deploying Windows 10 to NNS computer users. Visit the IT website on MyNNS to see Windows 10 deployment info for Newport News Shipbuilding. Check back often for updates.

CBS *This Morning* to Feature NNS Tuesday, May 23

CBS *This Morning* will feature Newport News Shipbuilding between 8 a.m. and 9 a.m. on Tuesday, May 23. The piece will focus on the refueling and complex overhaul (RCOH) work completed on USS *Abraham Lincoln* (CVN 72). Interviews with HII CEO **Mike Petters**, CVN 72 Commanding Officer Capt. Ronald Ravelo, and several shipbuilders who are among the team responsible for returning the aircraft carrier to the U.S. Navy fleet, will also be featured.



Tune in or set your DVR to WTKR (Channel 3), to watch the story or follow the HII Facebook page for a link to the episode once it airs.

North Hidens Parking Lot Expansion is Complete

As a reminder, in April, the company expanded the North Hidens parking lot, located off Warwick Blvd. With this parking lot extension, there are now more than 850 parking spaces at North Hidens. The lot is available to all employees. Employees who park in the lot can utilize the FREE Park-and-Ride shuttle service from this lot to and from the shipyard. The shuttle services operates from 5 a.m. to 8 a.m. and 2 p.m. to 5 p.m. Monday through Friday, excluding holidays. As a reminder, when the shuttle service is not operating, employees can use the company's free taxi service, which is available from 7:15 a.m. to 3:10 p.m. and 3:45 p.m. to 1:10 a.m. Monday through Friday and can be scheduled by calling 846-7730.

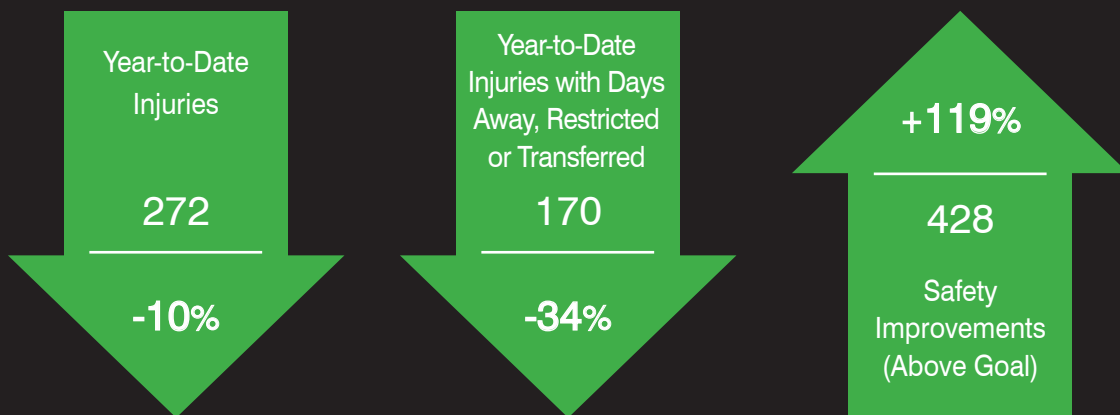
SEEKING LEADERS

Visit www.buildyourcareer.com for more information on how you can build your career with NNS.

Job Title	Req Number	Dept.	Location
Construction Supervisor	17888BR	X82	Newport News
Director of Engineering 2	18002BR	E01	Newport News
Foreman	15697BR	A572BR	Newport News
Foreman	17896BR	X82/X31	Newport News
Foreman	17908BR	X82/X42	Newport News
Foreman	17909BR	X82/X43	Newport News
Foreman	17962BR	X82/X33	Newport News
Foreman	17991BR	X91/X11	Newport News
Foreman (Sheet Metal Shop)	17973BR	M40	Newport News
Manager Engineering 3	17998BR	E02	Newport News
Manager Technical Accounting	15458BR	N365	Newport News
Manager Programs 3	17780BR	X80	New London
Supervisor Facilities Protection 1	17939BR	O15	Newport News

NNS SAFETY REPORT

* Compared to figures from April 2016



DATEBOOK

MAY 23

The Central Engineering department is hosting a Teaching, Enlightening, Aspiring (TEA) Talk event from 4:30 p.m. to 5:30 p.m. at VASCIC (2 West Dining Room). TEA Talk is a leadership development series that provides a forum for employees to hear personal stories from company leaders about how their personal lives have influenced their career at NNS. The talk will feature guest speaker Augmented Reality Manager **Patrick Ryan**. No charge will be provided. To RSVP, visit the EO1 website on MyNNS. For questions, contact **Renae Myles** (E02) at 534-2429.

MAY 23

Meet your new best friend at the STRIDE (Shipbuilders Together Realizing Inclusion, Diversity and Equality) Speed Friending event from 4:30 p.m. to 6:30 p.m. at Bar Louie (Peninsula Town Center). Enjoy \$5 burger and fries while you meet new people. This event is open to all employees. RSVP to **Femi Audifferen** (X47) at 688-3843 or via email.

MAY 24

HOLA (Hispanic Outreach and Leadership Alliance), Professional Engineers Community of Practice, and Project Management Institute-NNS (PMI-NNS) organization will host a networking event for employees interested in obtaining a Professional Engineers (PE) license and/or Project Management Professional (PMP) certification. The event will be held from 4:30 p.m. to 6:30 p.m. at VASCIC (2 West). Representatives will be on location to provide insight and answer questions about what is required to obtain the licenses. Contact **Mario Carpio** (E83) at 688-9425 or via email.

MAY 25

The "Spear and Gear" Toastmasters Club will host a meeting from 11:30 a.m. to 12:30 p.m. in at The Apprentice School (2nd floor conference room). The event is open to all employees and no RSVP is required. For more information, contact **Jason Paquette** (E83) at 534-2770.

JUNE

Want to lose 5-7 percent of your weight to reduce your risk for Type 2 diabetes? Sign up for "Prevent T2," a free diabetes prevention program developed by the CDC and offered at the HII Family Health Center. Classes run Thursdays from 11 a.m. to noon starting June 1. Contact Wellness Coach Casey Dixon at HIINNWellness@quadmedical.com or 327-4200 for more information. *Must be eligible to use health center to participate.*

JUNE 1

HOLA (Hispanic Outreach and Leadership Alliance) will host an interactive event designed to raise awareness about what every day inclusive behaviors look like in the workplace and to challenge attendees to be inclusive leaders. This event is open to all employees. To RSVP, contact **Eric Olsen** (X51) at 688-1868.

JUNE 2

Reactor Services will host its Summer Golf Classic at Sleepy Hole Golf Course in Suffolk on June 2. The event will have a shotgun start at 1 p.m. with registration beginning at noon. Cost is \$75 per golfer. To RSVP contact **BJ Maben** (X73) at 380-3957 or **Gail Sawyer** (X73) at 534-0588 by May 19. *Make checks payable to Kyra Kimmeth.*

JUNE 9

Support Builder Athletes by sponsoring or participating in the 12th Annual F. Farrell Sanders Memorial Golf Tournament on June 9 at Cypress Creek Golfer's Club. Contact **Sarah Gentry** (X79) at 329-2449 or via email

JUNE 15

All employees are invited to attend an Averett University Open House from 3 p.m. to 6 p.m. at The Apprentice School (Alumni Room). Information on the academic programs and the admissions process will be shared. Please RSVP by June 9 to Andrea Levensgood at 644-4709 alevengood@averett.edu.

JUNE 13

The L.E.A.R.N. Program will host an after-work event with Ken Mahler, vice president of Navy Programs. Mahler will discuss "Navy Programs" in the VASCIC auditorium from 4:30 p.m. to 6:00 p.m. on June 13. The event is open to all employees by reservation only. Sign up on the L.E.A.R.N. website. Prizes and refreshments will follow the presentation. For questions, contact **Tanika Vasquez** (O24) at 688-7916 or send an email LEARN@hii-nns.com.

JUNE 15

Learn how physical activity and nutrition impact your bone health at the HII Family Health Center's "How To Keep Your Bones Healthy" wellness beacon event on June 15 at 5 p.m. For more information, view the flier, send an email to HIINNWellness@quadmedical.com, or call 327-4200. *Must be eligible to use the health center to attend.*



WIN TICKETS

2017 Patriotic Festival Events

Newport News Shipbuilding is a proud sponsor of this year's Patriotic Festival at the Virginia Beach Oceanfront June 2-4. As part of the sponsorship, NNS has received a limited number of tickets for each of the concerts taking place (5th Street and Atlantic Avenue) throughout the weekend.

Friday, June 2 at 7 p.m.

Old Dominion

Saturday, June 3 at 7 p.m.

Darius Rucker

Sunday June 4 at 4 p.m.

Jake Owen

Shipbuilders interested in having their name entered in a drawing to win tickets to these concerts, should complete the entry form below and send their completed form (via Yardmail) to:

Communications Contest
c/o **Bryan Moore** (O29)
Bldg. 520-1

To qualify, entries must be sent internally via Yardmail

(**emailed entries will NOT be accepted**). Entries must also include the headline on the front page of the May 15 or May 22 edition of *Currents*, and must be received by May 26, 2017. Entries must be completed on the employees' own time.

Winners and concert tickets will be selected at random among the available shows listed. Winners will be notified no later than May 30. Winners will not be posted and winners must claim the tickets from the Communications Office in Bldg. 520 no later than 4:00 p.m. on June 1. *Tickets will not be mailed; tickets not claimed by 4:00 p.m. on June 1 will be given away at the festival.*

Name: _____

Department: _____

Daytime (8 a.m. to 5 p.m.) Phone Number: _____

Currents Top Story Headline: _____

EMPLOYEE CLASSIFIEDS



AUDIO/VIDEO

DJ- 10 years, custom playlist's for any event, lighting effects and photography. (757) 869-1876

Otter Box- Black Otter Box phone case with belt clip for Samsung Galaxy S4. \$10 Call or Text. (757) 897-3246

iPhone 6- 64GB, Silver, new earbuds, charger, case, Pics avail. \$300. text. (757) 630-8023

Computer Repair- PC Repair, New Build, Virus Removal, Operating System Installation. \$95+ Parts. (757) 329-6761

BlackBerry Bold- 9930 Non-camera touchscreen refurbished great condition unlocked Verizon Sprint etc, \$60 case \$5. (757) 284-9099

Samsung 50" Plasma TV- With TV stand and remote. Asking price \$150 or best offer. (804) 852-1926



AUTO

2006 Honda ST1300- Black, Saddlebags, Truck, Adjustable Windshield, 38k Miles, Heated Seat/Grips. Great Bike, \$5,700 OBRO. (757) 715-7127

2007 HD Sportster- VGC, 127K, black, red & white striping, lot of chrome extras, pic available upon request \$3K OBO. (804) 413-7083

Car Rims- 20" Rims, Offset is 20 x 8.5, 5 x 4.5, bolt pattern 5 x 114, will text pic, \$1K (757) 692-8295

2013 BMW 328i luxury line- White sedan w/Dakota brown interior car has 31,586 miles on it. All servicing done at Casey BMW \$24K. (757) 304-2828

Auto cont.

1998 Honda Civic - 5 spd. hatchback w/ fresh red paint and new tires, has cold ac/ runs and drives great. \$2,400 OBO (757) 372-2913

Thule Roof Racks- With adj. feet and locks that secure to SUV luggage rack (off Chevy Tahoe). EC. \$125. (757) 672-8256

HD Motorcycle Dual Exhaust Slip-ons- Off a 2014 Street Glide. Cupped baffles, Sound great, GC. \$125. (757) 672-8256

2008 Chevy Trailblazer LT- White Ext, Gray Int, 4WD, Pwr L/D/ Dr Seat, CC, Good Cond, 104k \$7,195. (757) 876-2962

2009 Honda CBR 600 RA- ABS brakes 7,025m Michelin Pilots < 3,000m Frame Sliders LeoVince SBK Exhaust Wind Screen \$6,900 OBO. (757) 329-4508

2009 Pontiac G6 4-dr Sedan- 102K "interstate" miles, dark gray; perfect in/out; \$4K (757) 532-8831

2007 Harley Davidson- 883C Sportster 5,800 miles, one owner, garage kept, lots of extras, black and chrome (757) 739-2292

2003 Mercedes Benz SLK32- AMG convertible. ~73k miles. 3.2L V6 SC at 350hp. Runs great! Asking \$10,500. (412) 327-5766

Good Year Wrangler AT with Kevlar- Set of (4) 255/65R17 w/only 10K miles rated for 60K 29" tire fits 17" rim \$500 OBO txt (757) 846-3919

BOAT & MARINE SUPPLY

1994 SeaDoo XP- 2 passenger PWC with newer aluminum trailer. Runs well. Used in freshwater. (248) 255-5505

Boat and Marine cont.

Free Jet Ski- Yamaha 220 Jet Ski, runs 60+ mph, needs another motor. Just come get it. (757) 869-3862



FREE

Tube TV- JVC stereo TV, works perfectly. Great for garage. (804) 815-6710

1-1/2 Story Older Home - 1400 sqft 1948 Wood frame on crawl space Move or Take Down near Big Bethel High School (804) 815-4175

Two Car Garage 20 by 40- Wood Frame Shingle Roof Two Car Garage near Big Bethel High School take down/remove Make Big Shed. (804) 815-4175

Manure-Hampton- For Gardens and Yards. (757) 846-4728

FURNISHINGS & APPLIANCES

Furniture- Wicker sofa and rocker, top quality. \$100 Asian style end tables \$50 Microwave new in box \$40. (804) 815-6710

Hospital Bed- Lumex Patriot homecare semi-elec bed. Model US0208. Upgraded mattress. Liberty qtr rails. \$350 OBO. (757) 617-2963

Power Lift Recliner- Model PR501S. Color pearl, small size. Purchased 11/16, used three weeks. \$350 OBO. (757) 617-2963

Couch- Double recliner, 1 cable is broken, very good condition, \$100. (757) 692-8295

Dishwasher- \$200- Works great, Remodeled kit. and Need Gone ASAP. Pics available. (757) 755-1485

iRobot Roomba Vacuums- Series 4X thru 6X- 5 year repair warranty. Call (757) 344-8265

Furn. and Appl. cont.

Microwave for Sale- Newer style stainless steel in good condition. \$75 OBO. (757) 813-1984



HOBBIES

Sports Equipment- Two Ektalon racquetball racquets and safety glasses; 16lb. bowling ball with bag and shoes. (757) 254-2977

Guitar Volume Pedal- Ernie Ball; Practically New; 25 VPJR; for active pickups; Pics; \$50. (757) 647-8913

Acoustic Guitar- Dean Exotica Rosewood; Great condition; Set up by prof. luthier; Pictures; \$250. (757) 647-8913

21 Speed Bicycle- Giant Cypress (2005); Med; (26" Wheels); Rust free frame; Mechanics work great; Pictures; (757) 647-8913

1:1 Guitar Classes- Midtown NN read/play std notation, chords/theory. Flexible scheduling. Call/txt rates, class times. (757) 528-7017

Performance Bike- Specialized ALLEZ Elite bike ridden for 3 months, looks brand new. paid \$1,250 will take \$600. (757) 620-0062

Laser Engraving- Custom laser engraving on almost any material wood, glass and metal. (757) 927-9823

Golf Tournament- Hampton Roads Hokies Golf Tournament on 6/10 at the Hampton's. Register by 6/3. (757) 349-9518



LOST & FOUND

Black Sweatshirt- Found in Building 907. Call to claim. (757) 596-2998

Ladies Ring- Found in Building 907 Call to claim. (757) 596-2985

EMPLOYEE CLASSIFIEDS



MISCELLANEOUS

Eddie Bauer Car Seat and Base- Brand new. asking \$75. (757) 329-2361

Childcare- M-F, 1st/2nd shift available, FT/PT, CPR and FA certified, smoke and pet free, Foxhill area. (757) 869-1876

Items- Sqat rack/bench press \$75, Flat bench \$65, Patio sets \$85 to \$250, Reel lawn \$75, Nu wave oven \$65. (757) 218-2946

Designer Ties- Navy McGregor (1); J&A (2) white, gold; Express (3); Pic; \$35. (757) 647-8913

Self-Defense and Safety - "Tactika" for Women. Cert. provided. (757) 344-8975

Large Lilies- Type unknown, not day lilies. Perennial. Bag of 10 for \$15. (757) 593-2426

Banana Trees- Tropical look for yard. Bananas grow back every spring and reach 12 ft. \$10-20. (757) 593-2426

Dog Grooming- Affordable prices in the Gloucester area. (757) 251-8974

Lawn Care- Mowing, Cleanups, tree trimming, mulch, flower beds. Gloucester. (757) 525-0259

Affordable Lawn Care- Call (757) 813-0417

Items- Vacuums \$35 and up, Microwaves \$35 and up, Bissell spot cleaners \$55, Five gallon bucket Laundry detergent. \$35. (757) 218-2946

Exercise Equipment - Treadmills \$115 to \$399, Exer. bikes \$45 to \$220, Ellip. \$50 to \$220, Rower \$325, Bowflex Treadclimbers. (757) 218-2946

Child Care- In Hampton/ Phoebus area 6am-6pm \$100 a week call/text today. (757) 553-1736

Misc. cont.

Original Oil Painting- Nautical sea scape in frame. Originally over \$500. Can text pic, Asking \$50 (757) 692-8295

A/C Service- Discounted prices on cleanings, tune ups and complete change outs. Call for details. (757) 771-3441

Piano for Sale- Whitney by Kimball console piano in good condition for sale. Stool incl. asking \$500. (757) 817-5607

Pest Terminator- Free Inspections. Expert Pest/Termite/Moisture Control, Repairs/Poly. (757) 873-4999

Lawn/Yard Care- Mow, Landscape, Fertilize and Weed Control, Bushes trimmed, Yards/Gutters Cleaned, Hampton/NN Area. (757) 871-4589

Pet Crate- Small pet crate for home and travel 14" high X 21" long. Great for small dog, cat, puppy, etc. EC, \$25. (757) 672-8256



REAL ESTATE

Rancher for Sale- 3 BR/2 BA brick rancher. Huge yard, lots of upgrades, new shed, safe neighborhood in Hampton 23669. (757) 749-3146

3BR/2BA Brick Rancher For Sale- Beautiful in Elizabeth Lakes/Fox Hill, 15 min from NNS, lots of upgrades, huge kitchen and yard. (757) 329-2361

Townhouse for Rent- 2 MBR/ 2.5 ba in Greenbrier. 3 minutes for 64. E.I. Kit, fenced yard, parking. Avail Mid-June. \$1,080. (757) 871-3682

330 53rd St. NN For Sale- 3/2 1,642 sq.ft. \$168,900. Historic home with tons of updates. Walking distance from yard. (757) 755-5474

Real Estate cont.

4BR 2BA \$298K- 2,400 sqft on nine acres in Gloucester, 2,400 sqft Garage workshop, on Hwy 14, 2 miles from Walmart. (804) 815-4175

For Sale By Owner:- "Staycation" home in Smithfield. 3 bdrms 2 bths 1,368 sq ft. In-ground pool, private mstr bdrm access. (910) 526-6432

OBX Rental, Corolla- 5BR, Oceanside, Pool/Spa, Linens/Towels, Internet, Wet Bar, 14 max, No Pets. Wkly \$1,295-\$3,295. (757) 826-0740

Beach House for Rent-3 Bdrm, 1-1/2 Bath on Beach Rd, Kitty Hawk, \$950/\$100 Dep. 2 weeks left to rent . (757) 846-1036

House For Rent- 104 Carmen Dr. Hampton 3BR, 1 Bath Cent Air and Heat. No pets \$900/month. (757) 827-8236

OBX Rental - Hatteras Island- Avon, NC 5 BR/ 4 1/2 BA, Pool, Hot Tub, Pool Table, Pier Pass. (757) 810-7832

House For Rent- 46 East Moreland Dr. Hampton, 3 BR, 1 Bath, Cent air and heat. No Pets. \$950/month. (757) 827-8236

OBX Rental- Kill Devil Hills, Three levels, ocean view, sun rooms, patios, pool table, sleeps 8, \$1,295 weekly. (757) 375-0997

House for Rent- 2 bdrm, 1 bath, hardwood floors, garage, trash and yard maintenance. No pets. Seaford \$900. (757) 813-4956

Twnhse For Rent- 3Br, 1-1/2 Ba. end unit Denbigh area. Completely remodeled Kit, Baths, HW Flr & Carpet \$1,000/mo + dep. (757) 812-8356

House for Sale- 2br/1bth, 1,650 sqft, 1 acre lot, large detached workshop. \$165k. In Gloucester. (757) 897-0051

Real Estate cont.

For Rent- Floating Cottage at White House Cove in Poquoson. Great sunsets on the water. Enjoy and relax. (757) 298-1733

OBX Rental - Nautical Bovine- 4 bdrm/2.5 bath-Ocean Side- (800) 334-1000

For Sale- Kiln Creek 2BR 2BA New Havac/Wtr Htr. Appliances Convey. Near Golf and Move-in ready. Garage. \$204K. (757) 298-1733

Rooms for Rent- Located near Patrick Henry Mall. Super quiet neighborhood. \$500/month with utilities and free Wi-Fi call/txt. (757) 303-8123

Lots For Sale- Two 1/2 acre lots for sale on tidal canal in Gloucester. Call for more details. (757) 641-4994

Brick Rancher for Rent- 1.5K sq ft. 3bd/2bth, eat in kitc., den w/fp lvng rm and dine rm. fence yd, att gar. \$1,475 (757) 284-5488

Home for Rent- 4BR 2.5BA, 2,611 sq ft in Williamsburg. Close to interstate. Great schools/neighborhood. \$1,800/mth. (757) 753-7285

Pool Sevice- Looking for someone that offers swimming pool cleaning (757) 553-1736

Van Riders- HRT Van from Va Beach to NNS daily 1st shift, leaves from Diamond Spring Rd. Text. (757) 450-6740

Painter - For outside house trim and to fix wood rot on porch. (757) 692-8295

Experienced Mechanic Needed-Call for more details. (757) 871-8789

Vanpool Riders - Van comes through King William West Point New Kent Norge/Toana commuter lot. (540) 907-5811